

CTA INVITATIONAL LC MEET - 20/09/2025 to 21/09/2025

Results

Event 101 Girls 10 & Under 200 LC Meter IM

Name	AgeTeam	Finals Time
1 Mossay, Aria	10 Uwc-CP	3:23.91
2 Keun, Lente	10 Vineyard-CP	3:26.28
3 Freese, Gabi M	10 Swimlab-CP	3:28.39
4 Jones, Armani L	9 Xcel Swim Academ-CP	3:30.45
5 Krige, Amelie M	10 Tygers-CP	3:37.80
6 Van der Merwe, Johanni	9 Tygers-CP	3:39.50
7 Combrinck, Hannah	10 Tygers-CP	3:45.79
8 Spencer, Juliette R	9 Cybersmart-CP	3:46.25
9 Chippendale, Aaliya	10 Marlin-CP	3:47.73
10 Loots, Julie	9 Charlene Swimmin-CP	3:50.72
11 Hughes, Rainn	9 Barracudas-CP	3:51.26
12 Fouche, Kayla	9 Tygers-CP	3:51.66
13 Poole, Lucy	10 Cybersmart-CP	4:06.06
14 Hendricks, Cara	9 Curro Aquatics-CP	4:08.97
--- Janse van Rensburg, Lilly L	10 Xcel Swim Academ-CP	DQ
Arms not brought forward simultaneously over the water - fly		

Event 101 Girls 11 Year Olds 200 LC Meter IM

Name	AgeTeam	Finals Time
1 Jaftha, Mercedes A	11 Manta-CP	3:20.48
2 Potgieter, Surië-Rose	11 Tygers-CP	3:32.00
3 Arendse, Emma	11 Manta-CP	3:32.25
4 October, Jemma F	11 Alpha-CP	3:39.94
5 Abrahams, Imtithaal	11 Walmers-CP	3:44.36
6 Kutumane, Mpho M	11 Uwc-CP	3:47.74
7 Schnehege, Kirsten	11 Vineyard-CP	3:48.68
8 Philander, Mika	11 Swimlab-CP	3:50.09
9 Brits, Janica G	11 Barracudas-CP	3:53.40
10 Chourasia, Manasvi	11 Silver Fins-CP	3:57.47
11 De Nobrega, Ella	11 Cybersmart-CP	4:06.04
--- Kotkliair, Beatrisa	11 Cybersmart-CP	DQ
Arms not brought forward simultaneously over the water - fly		

Event 101 Girls 12 Year Olds 200 LC Meter IM

Name	AgeTeam	Finals Time
1 Matthee, Zarah	12 Uwc-CP	3:07.42
2 Lilley, Kenna	12 Tygers-CP	3:12.86
3 Sebastian, Catherine	12 Manta-CP	3:14.31
4 Eyssen, Sky	12 Manta-CP	3:20.14
5 Vancoillie, Livia	12 Quick Silver-CP	3:21.55
6 Essex, Razaanah	12 Retreat-CP	3:23.98
7 Coetzee, Melody	12 Cybersmart-CP	3:31.54
8 Cozyn, Nuhaa	12 Manta-CP	3:32.60
9 Titus, Cayda	12 Marlin-CP	3:34.80

Event 101 Girls 13 Year Olds 200 LC Meter IM

Name	AgeTeam	Finals Time
1 Allderman, Rebecca L	13 Aqua Sharks-CP	3:06.41
2 Bouwer, Juno	13 Curro Aquatics-CP	3:07.97
3 Haynes-Smart, Kaitlyn	13 Vineyard-CP	3:11.72
4 Louw, Yvette H	13 Tygers-CP	3:17.30
5 Muriro, Neema K	13 CTO-CP	3:22.35
6 Ortell, Danielle S	13 Uwc-CP	3:31.47
7 De Wit, Gia E	13 Xcel Swim Academ-CP	3:32.35

Event 101 Girls 14 Year Olds 200 LC Meter IM

Name	AgeTeam	Finals Time
1 Kröger, Sammy	14 Elite Swimming A-CE	3:03.37
2 Van Der Ross, Peyton I	14 Tygers-CP	3:21.62

Event 101 Girls 15 Year Olds 200 LC Meter IM

Name	AgeTeam	Finals Time
1 Loots, Emmelize	15 Tygers-CP	3:06.05
2 Allott, Kyla	15 Aqua Athlete Cta-CP	3:09.54
3 Jephta, Nasheetah	15 Manta-CP	3:09.64
4 Alexander, Luca	15 Marlin-CP	3:31.31
5 Campbell, Callen A	15 Marlin-CP	3:38.24
6 Talip, Sofiya	15 Manta-CP	3:45.08

Event 101 Girls 16 Year Olds 200 LC Meter IM

Name	AgeTeam	Finals Time
1 McCollum, Maya	16 Alpha-CP	3:08.32
2 Landman, Keona	16 Aqua Athlete Cta-CP	3:13.34
3 Chung Kim Yuen, Leigh A	16 Manta-CP	3:23.69
4 Fokazi, Alizwa A	16 Cybersmart-CP	3:26.50
5 Stevenson, Andrea	16 Tygers-CP	4:10.02

Event 102 Boys 10 & Under 200 LC Meter IM

Name	AgeTeam	Finals Time
1 Eksteen, Pisces M	10 Xcel Swim Academ-CP	3:29.43
2 Tomlinson, Joshua F	10 Tygers-CP	3:33.69
3 Perez Castellano, Enrique	10 Curro Aquatics-CP	3:34.12
4 Schutte, Ethan	10 Quick Silver-CP	3:34.28
5 Vincent, Joshua	10 Quick Silver-CP	3:35.71
6 Wentzel, Cobus J	10 Barracudas-CP	3:37.05
7 Ontong, Hakeem	9 Retreat-CP	3:42.26
8 Pottas, Hanroux	10 Silver Fins-CP	3:48.30
9 Van Onselen, Connor C	9 Tygers-CP	3:50.35
--- Mallin, Aron	9 Swimlab-CP	DQ
Swimmer not on back upon leaving the wall after the turn - back		
--- De Mink, Connor	9 Cybersmart-CP	DQ
Alternating movement of legs or feet - fly		
--- Schoeman, Niel A	10 Tygers-CP	DQ
Alternating movement of legs or feet - fly		
--- Israel, Zayd	10 SSISA-CP	DQ
Alternating movement of legs or feet - fly		
--- Potgieter, Matthys	10 Elite Swimming A-CE	NS

Event 102 Boys 11 Year Olds 200 LC Meter IM

Name	AgeTeam	Finals Time
1 Michel, Hayden	11 SSISA-CP	3:10.95
2 Beukes, Ryan M	11 Swimlab-CP	3:12.03
3 Maposa, Paul M	11 Curro Aquatics-CP	3:25.14
4 Stasch, Alexander G	11 Tygers-CP	3:25.35
5 Pretorius, Henri	11 Tygers-CP	3:35.96
6 Stringer, Jesse	11 Retreat-CP	3:37.94
7 Louw, Stefan J	11 Tygers-CP	3:45.46
8 Pereira, Rowen R	11 Marlin-CP	3:58.89
9 Pedro, Zishaan	11 Walmers-CP	4:00.71
--- Sandler, Jesse L	11 Aqua Sharks-CP	DQ
Alternating movement of legs or feet - fly		
--- Weitz, Kieran C	11 Curro Aquatics-CP	DQ
Arms not brought forward simultaneously over the water - fly		

CTA INVITATIONAL LC MEET - 20/09/2025 to 21/09/2025

Results

(Event 102 Boys 11 Year Olds 200 LC Meter IM)

Name	AgeTeam	Finals Time
--- Rossouw, Marais	11 Quick Silver-CP	DQ
At the turn or finish did not touch with both hands simultaneously/separat		

Event 102 Boys 12 Year Olds 200 LC Meter IM

Name	AgeTeam	Finals Time
1 Hlophe, Lihle L	12 Curro Aquatics-CP	3:05.79
2 Clark, Alexander L	12 Uwc-CP	3:07.36
3 Magotsi, Ahadi	12 Cybersmart-CP	3:13.45
4 Liebenberg, Matthew	12 Tygers-CP	3:15.82
5 Kriel, Ewan	12 Quick Silver-CP	3:16.87
6 Heiberg, Ethan	12 Manta-CP	3:17.33
7 Nel, Charles Paul	12 Quick Silver-CP	3:18.59
8 Neuhold, Sebastian	12 Vineyard-CP	3:22.17
9 November, Connor	12 Cybersmart-CP	3:25.26
10 Diedricks, Joshua	12 Tygers-CP	3:32.29
11 Ebrahim, Zayd	12 Tygers-CP	3:37.43
12 Olivier, Stefan P	12 Tygers-CP	3:37.58
13 Freeks, Joel	12 Retreat-CP	3:49.61
--- Witten, Gabriel J	12 Cybersmart-CP	DQ
Alternating movement of legs or feet - fly		
--- Stears, Phillip	12 Helderberg Titan-CP	DQ
Alternating movement of legs or feet - fly		

Event 102 Boys 13 Year Olds 200 LC Meter IM

Name	AgeTeam	Finals Time
1 Potts, Hayden C	13 Curro Aquatics-CP	3:03.10
2 Walters, Caleb	13 Quick Silver-CP	3:04.57
3 Yende, Akwande	13 Xcel Swim Academ-CP	3:08.95
4 Zwarts, Zak P	13 Tygers-CP	3:11.52
5 Pontac, Eli D	13 Tygers-CP	3:27.38
6 Botha, Andre	13 Tygers-CP	3:31.00
7 Wilson, Kaleb	13 Manta-CP	3:33.14
8 Dollie, Zidaan	13 Manta-CP	3:34.80
9 O'Reilly, Shane B	13 Swimlab-CP	3:34.87

Event 102 Boys 14 Year Olds 200 LC Meter IM

Name	AgeTeam	Finals Time
1 Smith, Jenson C	14 Aqua Sharks-CP	2:49.17
2 October, Joshua D	14 Alpha-CP	2:56.75
3 Millar, Nathan	14 Silver Fins-CP	3:00.93
4 Simpson, Alex P	14 Manta-CP	3:01.49
5 Pretorius, Theo	14 Tygers-CP	3:01.82
6 Lin, Tristan	14 Cybersmart-CP	3:09.13
7 Ntshona, Iminathi A	14 Curro Aquatics-CP	3:13.79
8 Rulashe, Luthando L	14 Tygers-CP	4:07.25
--- Richardson, Daniel	14 Swimlab-CP	DQ
Touch at the finish or turn was not made with both hands simultaneously/s		

Event 102 Boys 15 Year Olds 200 LC Meter IM

Name	AgeTeam	Finals Time
1 Field, Joshua J	15 Vineyard-CP	2:45.65
2 Kellerman, Justin	15 Cybersmart-CP	2:58.25
3 Van Vuuren, Liam	15 Xcel Swim Academ-CP	3:02.47
4 Smith, Gian A	15 Helderberg Titan-CP	3:17.37
5 Jaffa, Usamah	15 Manta-CP	3:17.98

Event 102 Boys 16 Year Olds 200 LC Meter IM

Name	AgeTeam	Finals Time
1 Taljaard, Jason	16 Quick Silver-CP	2:50.39
2 Isaacs, Christiano A	16 Uwc-CP	3:09.55

Event 103 Girls 10 & Under 50 LC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Sadi, Chrisela F	10 Swimlab-CP	48.28
2 Perrins, Kendall	9 Curro Aquatics-CP	49.59
3 Keun, Lente	10 Vineyard-CP	50.25
4 De Lange, Niah	10 Curro Aquatics-CP	50.50
5 Mitchell, Cressida S	10 Vineyard-CP	51.21
6 Wright, Mila	10 Tygers-CP	51.87
7 Grebe, Sofia M	10 Curro Hermanus-OB	53.13
8 Spangenberg, Leah	9 Xcel Swim Academ-CP	53.37
9 Krige, Amelie M	10 Tygers-CP	53.38
10 Odendaal, Ella C	9 Quick Silver-CP	54.16
11 Mare, Livia	9 Curro Aquatics-CP	54.28
12 Combrinck, Hannah	10 Tygers-CP	54.89
13 Loots, Julie	9 Charlene Swimmin-CP	55.51
14 Lawson, Rebecca P	9 CTO-CP	55.56
15 Synodinos, Penelope	9 Curro Aquatics-CP	56.60
16 Geldenhuys, Ziane	10 Silver Fins-CP	57.87
17 Fouche, Kayla	9 Tygers-CP	59.31
18 Singh, Raya	10 Curro Aquatics-CP	1:00.38

Event 103 Girls 11 Year Olds 50 LC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Levi, Zara	11 CTO-CP	42.97
2 Schnehage, Kirsten	11 Vineyard-CP	48.84
3 Glass, Gabi	11 Swimlab-CP	49.12
4 Fakier, Ayesha i	11 CTO-CP	49.63
5 Potgieter, Suriè-Rose	11 Tygers-CP	51.91
6 Engels, Lara	11 Curro Aquatics-CP	54.63
7 Brits, Janica G	11 Barracudas-CP	55.93

Event 103 Girls 12 Year Olds 50 LC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Arenz, Jessica	12 SSISA-CP	45.81
2 Matthee, Zarah	12 Uwc-CP	47.21
3 Klopper, Lene	12 Quick Silver-CP	48.56
4 Synodinos, Ellie	12 Curro Aquatics-CP	48.62
5 Lilley, Kenna	12 Tygers-CP	48.73
6 Coetzer, Cat	12 Quick Silver-CP	48.87
7 Vancoillie, Livia	12 Quick Silver-CP	48.99
8 Thompson, Taya R	12 CTO-CP	50.01
9 Meyer, Zaarah	12 Helderberg Titan-CP	50.54

Event 103 Girls 13 Year Olds 50 LC Meter Breaststroke

Name	AgeTeam	Finals Time
1 De Wit, Rua	13 Curro Aquatics-CP	49.07
2 Gersbach, Esté	13 Curro Aquatics-CP	49.24

Event 103 Girls 14 Year Olds 50 LC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Jardim, Keandra T	14 Curro Aquatics-CP	43.99
2 Van Der Ross, Peyton I	14 Tygers-CP	51.02

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Event 103 Girls 15 Year Olds 50 LC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Lynch, Kellan R	15 Xcel Swim Academ-CP	42.04
2 De Wit, Chara	15 Curro Aquatics-CP	45.64
3 Khahledi, Bohlale	15 Curro Aquatics-CP	49.99

Event 103 Girls 16 Year Olds 50 LC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Oaten, Gabriella	16 Curro Aquatics-CP	45.52
2 Stevenson, Andrea	16 Tygers-CP	56.62

Event 104 Boys 10 & Under 50 LC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Kotze, Blake	10 Curro Aquatics-CP	49.15
2 Israel, Zayd	10 SSISA-CP	49.16
3 Wentzel, Cobus J	10 Barracudas-CP	50.30
4 Vincent, Joshua	10 Quick Silver-CP	50.96
5 Schutte, Ethan	10 Quick Silver-CP	51.20
6 Stringer, Cayden	9 Retreat-CP	51.39
7 Marais, Wilhelm S	10 Tygers-CP	52.83
8 Tomlinson, Joshua F	10 Tygers-CP	52.84
9 Brevis, Kieran D	10 Curro Aquatics-CP	53.30
10 Khahledi, Motlatsi	10 Curro Aquatics-CP	54.52
11 Joyce, Jean	8 Curro Aquatics-CP	55.34
12 Kruger, Hanko	10 Helderberg Titan-CP	55.77
13 De Wit, Daniël C	10 Curro Aquatics-CP	59.07

Event 104 Boys 11 Year Olds 50 LC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Pretorius, Henri	11 Tygers-CP	46.68
2 Pretorius, Liam R	11 Tygers-CP	48.90
3 Beukes, Ryan M	11 Swimlab-CP	50.57
4 Weitz, Kieran C	11 Curro Aquatics-CP	50.85
5 Rossouw, Marais	11 Quick Silver-CP	51.57
6 Steyn, Francois D	11 Curro Aquatics-CP	54.36
7 Arendse, Aidan	11 Manta-CP	56.07
8 Louw, Stefan J	11 Tygers-CP	1:00.21
--- Stringer, Jesse	11 Retreat-CP	NS

Event 104 Boys 12 Year Olds 50 LC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Ebrahim, Zayd	12 Tygers-CP	45.64
2 Magotsi, Ahadi	12 Cybersmart-CP	45.72
3 Nothnagel, Henk K	12 Curro Aquatics-CP	46.62
4 Branders, Louis J	12 Quick Silver-CP	49.18
5 Vleggaar, Daniel	12 Tygers-CP	49.33
6 Stears, Phillip	12 Helderberg Titan-CP	52.32
7 Freeks, Joel	12 Retreat-CP	55.09
8 Olivier, Stefan P	12 Tygers-CP	59.58

Event 104 Boys 13 Year Olds 50 LC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Chiang, Adam	13 Vineyard-CP	41.55
2 Calitz, Mias C	13 Curro Hermanus-OB	41.81
3 Botha, Andre	13 Tygers-CP	42.95
4 Odendaal, Riko	13 Curro Aquatics-CP	43.74
5 Engels, Aiden E	13 Curro Aquatics-CP	46.72
6 Millar, Matthew	13 Silver Fins-CP	47.37
7 Pontac, Eli D	13 Tygers-CP	52.82

Event 104 Boys 14 Year Olds 50 LC Meter Breaststroke

Name	AgeTeam	Finals Time
1 De Vincenzo, Jason C	14 Quick Silver-CP	39.82
2 Lin, Tristan	14 Cybersmart-CP	42.04
3 Chas, George	14 Vineyard-CP	42.56
4 Richardson, Daniel	14 Swimlab-CP	42.61
5 Millar, Nathan	14 Silver Fins-CP	43.12
6 Pretorius, Theo	14 Tygers-CP	43.85
7 Kele, Gomolemo	14 Silver Fins-CP	44.90
8 Rulashe, Luthando L	14 Tygers-CP	44.97
9 Samuel, Ruben A	14 Helderberg Titan-CP	46.36
10 Ntshona, Iminathi A	14 Curro Aquatics-CP	51.92

Event 104 Boys 15 Year Olds 50 LC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Abrahams, Joshua J	15 Retreat-CP	38.28
2 Pearson-Adams, Wolfe D	15 Swimlab-CP	38.68
3 Banoo, Eshan	15 Retreat-CP	39.30
4 Kellerman, Justin	15 Cybersmart-CP	41.64
5 De Jager, Xander H	15 Tygers-CP	42.45
6 Smith, Gian A	15 Helderberg Titan-CP	49.09
7 Viret, Reilly L	15 Helderberg Titan-CP	51.42

Event 104 Boys 16 Year Olds 50 LC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Isaacs, Christiano A	16 Uwc-CP	35.69
2 Viret, Seth R	16 Helderberg Titan-CP	41.11

Event 104 Boys 17 & Over 50 LC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Arelisky, Noah S	19 Aqua Sharks-CP	36.01
2 Meniers, Malik M	17 Retreat-CP	38.30
3 Crotz, Connor C	17 Helderberg Titan-CP	41.17

Event 105 Girls 10 & Under 100 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Grebe, Sofia M	10 Curro Hermanus-OB	1:24.31
2 Freese, Gabi M	10 Swimlab-CP	1:24.90
3 Keun, Lente	10 Vineyard-CP	1:25.02
4 Perrins, Kendall	9 Curro Aquatics-CP	1:25.83
5 Mossay, Aria	10 Uwc-CP	1:27.29
6 Jones, Armani L	9 Xcel Swim Academ-CP	1:28.70
7 Odendaal, Ella C	9 Quick Silver-CP	1:29.31
8 Chippendale, Aaliya	10 Marlin-CP	1:31.03
9 Spencer, Juliette R	9 Cybersmart-CP	1:31.45
10 Krige, Amelie M	10 Tygers-CP	1:32.53
11 Van der Merwe, Johanni	9 Tygers-CP	1:34.80
12 Mitchell, Cressida S	10 Vineyard-CP	1:34.89
13 Janse van Rensburg, Lilly L	10 Xcel Swim Academ-CP	1:34.98
14 Spangenberg, Leah	9 Xcel Swim Academ-CP	1:35.14
15 Synodinos, Penelope	9 Curro Aquatics-CP	1:36.83
16 Lawson, Rebecca P	9 CTO-CP	1:37.00
17 Mare, Livia	9 Curro Aquatics-CP	1:37.27
18 Combrinck, Hannah	10 Tygers-CP	1:38.33
19 Fouche, Kayla	9 Tygers-CP	1:38.77
20 Geldenhuys, Ziane	10 Silver Fins-CP	1:44.84
21 Hendricks, Cara	9 Curro Aquatics-CP	1:47.30

CTA INVITATIONAL LC MEET - 20/09/2025 to 21/09/2025

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Event 105 Girls 11 Year Olds 100 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Levi, Zara	11 CTO-CP	1:15.79
2 Jaftha, Mercedes A	11 Manta-CP	1:20.22
3 Arendse, Emma	11 Manta-CP	1:21.89
4 Schnehage, Kirsten	11 Vineyard-CP	1:22.94
5 Philander, Mika	11 Swimlab-CP	1:23.63
6 Engels, Lara	11 Curro Aquatics-CP	1:26.06
7 October, Jemma F	11 Alpha-CP	1:26.56
8 Kotklier, Beatrisa	11 Cybersmart-CP	1:27.28
9 Kutumane, Mpho M	11 Uwc-CP	1:32.60
10 Fakier, Ayesha i	11 CTO-CP	1:34.16
11 Brits, Janica G	11 Barracudas-CP	1:35.22
12 Schaal, Dita	11 Vineyard-CP	1:36.13
13 De Nobrega, Ella	11 Cybersmart-CP	1:40.92
14 Chourasia, Manasvi	11 Silver Fins-CP	1:43.96

Event 105 Girls 12 Year Olds 100 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Matthee, Zarah	12 Uwc-CP	1:15.01
2 Lilley, Kenna	12 Tygers-CP	1:15.65
3 Arenz, Jessica	12 SSISA-CP	1:16.24
4 Eyssen, Sky	12 Manta-CP	1:17.52
5 Makore, Bona M	12 Aqua Sharks-CP	1:17.71
6 Meyer, Zaarah	12 Helderberg Titan-CP	1:17.84
7 Klopper, Lene	12 Quick Silver-CP	1:18.75
8 Sebastian, Catherine	12 Manta-CP	1:19.16
9 Titus, Cayda	12 Marlin-CP	1:21.19
10 Vancoillie, Livia	12 Quick Silver-CP	1:23.56
11 Essex, Razaanah	12 Retreat-CP	1:23.63
12 Coetzee, Melody	12 Cybersmart-CP	1:26.40
13 Synodinos, Ellie	12 Curro Aquatics-CP	1:29.34
14 Thompson, Taya R	12 CTO-CP	1:30.06

Event 105 Girls 13 Year Olds 100 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Wink, Leonie	13 Vineyard-CP	1:11.37
2 Van de Vyver, Mia	13 Elite Swimming A-CE	1:13.19
3 Haynes-Smart, Kaitlyn	13 Vineyard-CP	1:13.81
4 De Wit, Rua	13 Curro Aquatics-CP	1:14.57
5 Muriro, Neema K	13 CTO-CP	1:15.89
6 Gersbach, Esté	13 Curro Aquatics-CP	1:16.12
7 Bouwer, Juno	13 Curro Aquatics-CP	1:17.60
8 Field, Zara J	13 CTO-CP	1:18.74
9 Louw, Yvette H	13 Tygers-CP	1:19.15
10 De Wit, Gia E	13 Xcel Swim Academ-CP	1:22.21
11 Ortell, Danielle S	13 Uwc-CP	1:25.59

Event 105 Girls 14 Year Olds 100 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Van der Westhuizen, Jemah	14 Vineyard-CP	1:13.30
2 Kröger, Sammy	14 Elite Swimming A-CE	1:15.96
3 Talip, Sanaa	14 Walmers-CP	1:17.32
4 Van Der Ross, Peyton I	14 Tygers-CP	1:18.33
5 Jardim, Keandra T	14 Curro Aquatics-CP	1:21.14

Event 105 Girls 15 Year Olds 100 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Olivier, Erin	15 Aqua Sharks-CP	1:12.27

2 Loots, Emmelize	15 Tygers-CP	1:12.62
3 Lynch, Kellan R	15 Xcel Swim Academ-CP	1:14.59
4 Hendricks, Aeshah	15 Walmers-CP	1:16.53
5 De Wit, Chara	15 Curro Aquatics-CP	1:18.89
6 Alexander, Luca	15 Marlin-CP	1:19.25
7 Khahledi, Bohlale	15 Curro Aquatics-CP	1:21.94
8 Campbell, Callen A	15 Marlin-CP	1:22.78
9 Talip, Sofiya	15 Manta-CP	1:25.71

Event 105 Girls 16 Year Olds 100 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 McCollum, Maya	16 Alpha-CP	1:11.21
2 Wink, Lara S	16 Vineyard-CP	1:12.11
3 Oaten, Gabriella	16 Curro Aquatics-CP	1:14.17
4 Scheepers, Caitlin	16 Vineyard-CP	1:14.24
5 Fokazi, Alizwa A	16 Cybersmart-CP	1:26.69

Event 106 Boys 10 & Under 100 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Stringer, Cayden	9 Retreat-CP	1:20.83
2 Khahledi, Motlatsi	10 Curro Aquatics-CP	1:22.47
3 Fourie, Jan Jurie	10 Vineyard-CP	1:22.87
4 Eksteen, Pisces M	10 Xcel Swim Academ-CP	1:25.05
5 Schutte, Ethan	10 Quick Silver-CP	1:25.21
6 Wentzel, Cobus J	10 Barracudas-CP	1:25.76
7 Perez Castellano, Enrique	10 Curro Aquatics-CP	1:27.53
8 Vincent, Joshua	10 Quick Silver-CP	1:28.54
9 Ontong, Hakeem	9 Retreat-CP	1:29.45
10 Tomlinson, Joshua F	10 Tygers-CP	1:29.53
11 Joyce, Jean	8 Curro Aquatics-CP	1:30.32
12 Marais, Wilhelm S	10 Tygers-CP	1:30.92
13 Kotze, Blake	10 Curro Aquatics-CP	1:32.04
14 Schoeman, Niel A	10 Tygers-CP	1:32.30
15 De Wit, Daniël C	10 Curro Aquatics-CP	1:32.33
16 Van Onselen, Connor C	9 Tygers-CP	1:32.42
17 Brevis, Kieran D	10 Curro Aquatics-CP	1:33.47
18 De Mink, Connor	9 Cybersmart-CP	1:41.41
--- Potgieter, Matthys	10 Elite Swimming A-CE	NS

Event 106 Boys 11 Year Olds 100 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Rossouw, Marais	11 Quick Silver-CP	1:13.42
2 Michel, Hayden	11 SSISA-CP	1:16.89
3 Sandler, Jesse L	11 Aqua Sharks-CP	1:20.89
4 Stringer, Jesse	11 Retreat-CP	1:21.54
5 Maposa, Paul M	11 Curro Aquatics-CP	1:23.93
6 Stasch, Alexander G	11 Tygers-CP	1:24.79
7 Louw, Stefan J	11 Tygers-CP	1:26.41
8 Steyn, Francois D	11 Curro Aquatics-CP	1:27.27
9 Pretorius, Liam R	11 Tygers-CP	1:29.12
10 Weitz, Kieran C	11 Curro Aquatics-CP	1:34.89
11 Arendse, Aidan	11 Manta-CP	1:36.98
12 Pedro, Zishaan	11 Walmers-CP	1:39.45
13 Pereira, Rowen R	11 Marlin-CP	1:45.01
14 Aranjó, Jared J	11 Curro Aquatics-CP	1:47.74

Event 106 Boys 12 Year Olds 100 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Neuhold, Sebastian	12 Vineyard-CP	1:12.29

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(Event 106 Boys 12 Year Olds 100 LC Meter Freestyle)

Name	AgeTeam	Finals Time
2 Clark, Alexander L	12 Uwc-CP	1:14.26
3 Caldicott, Luke M	12 SSISA-CP	1:15.31
4 Kriel, Ewan	12 Quick Silver-CP	1:16.01
5 Magotsi, Ahadi	12 Cybersmart-CP	1:16.66
6 Hlophe, Lihle L	12 Curro Aquatics-CP	1:18.26
7 Witten, Gabriel J	12 Cybersmart-CP	1:19.89
8 Heiberg, Ethan	12 Manta-CP	1:20.32
9 Nothnagel, Henk K	12 Curro Aquatics-CP	1:21.94
10 Nel, Charles Paul	12 Quick Silver-CP	1:22.13
11 November, Connor	12 Cybersmart-CP	1:23.96
12 Ebrahim, Zayd	12 Tygers-CP	1:24.59
13 Diedricks, Joshua	12 Tygers-CP	1:26.49
14 Freeks, Joel	12 Retreat-CP	1:27.13
15 Olivier, Stefan P	12 Tygers-CP	1:29.17

Event 106 Boys 13 Year Olds 100 LC Meter Freestyle

Name	AgeTeam	Finals Time
*1 Walters, Caleb	13 Quick Silver-CP	1:11.80
*1 Samuels, Mason	13 Marlin-CP	1:11.80
3 Calitz, Mias C	13 Curro Hermanus-OB	1:12.50
4 Newham, Christopher J	13 Tygers-CP	1:13.05
5 Potts, Hayden C	13 Curro Aquatics-CP	1:14.51
6 Odendaal, Riko	13 Curro Aquatics-CP	1:16.02
7 Zwarts, Zak P	13 Tygers-CP	1:16.03
8 Millar, Matthew	13 Silver Fins-CP	1:17.43
9 Chiang, Adam	13 Vineyard-CP	1:17.80
10 Engels, Aiden E	13 Curro Aquatics-CP	1:18.77
11 O'Reilly, Shane B	13 Swimlab-CP	1:18.84
12 Wilson, Kaleb	13 Manta-CP	1:19.64
13 Pontac, Eli D	13 Tygers-CP	1:26.99
14 Dollie, Zidaan	13 Manta-CP	1:28.84

Event 106 Boys 14 Year Olds 100 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Smith, Jenson C	14 Aqua Sharks-CP	1:02.22
2 Ganger, Zeke D	14 Marlin-CP	1:03.85
3 Simpson, Alex P	14 Manta-CP	1:06.49
4 Pedro, Maahier	14 Walmers-CP	1:07.84
5 De Vincenzo, Jason C	14 Quick Silver-CP	1:08.12
6 October, Joshua D	14 Alpha-CP	1:08.21
7 Millar, Nathan	14 Silver Fins-CP	1:08.49
8 Louw, Rourke	14 Aqua Athlete Cta-CP	1:08.72
9 Balyan, Advik	14 Xcel Swim Academ-CP	1:13.17
10 Lin, Tristan	14 Cybersmart-CP	1:13.64
11 Ntshona, Iminathi A	14 Curro Aquatics-CP	1:14.96
12 Samuel, Ruben A	14 Helderberg Titan-CP	1:16.07
13 Richardson, Daniel	14 Swimlab-CP	1:16.98

Event 106 Boys 15 Year Olds 100 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Pearson-Adams, Wolfe D	15 Swimlab-CP	59.67
2 Field, Joshua J	15 Vineyard-CP	1:05.02
3 Abrahams, Joshua J	15 Retreat-CP	1:09.52
4 Van Vuuren, Liam	15 Xcel Swim Academ-CP	1:10.23
5 Jaffa, Usamah	15 Manta-CP	1:10.48
6 De Jager, Xander H	15 Tygers-CP	1:14.22
7 Smith, Gian A	15 Helderberg Titan-CP	1:16.05

8 Viret, Reilly L	15 Helderberg Titan-CP	1:19.24
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Event 106 Boys 16 Year Olds 100 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Abrahams, Rayhan	16 Walmers-CP	1:02.32
2 Viret, Seth R	16 Helderberg Titan-CP	1:05.07
3 Freeks, Caleb	16 Retreat-CP	1:09.45
4 Isaacs, Christiano A	16 Uwc-CP	1:11.46

Event 106 Boys 17 & Over 100 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Tumba, Ismael K	17 SSISA-CP	1:04.11
2 Meniers, Malik M	17 Retreat-CP	1:11.36
3 Crotz, Connor C	17 Helderberg Titan-CP	1:12.83

Event 107 Girls 10 & Under 200 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 De Lange, Niah	10 Curro Aquatics-CP	2:50.35
2 Sadi, Chrisela F	10 Swimlab-CP	3:03.47
3 Freese, Gabi M	10 Swimlab-CP	3:06.82
4 Grebe, Sofia M	10 Curro Hermanus-OB	3:07.56
5 Mossay, Aria	10 Uwc-CP	3:13.65
6 Spangenberg, Leah	9 Xcel Swim Academ-CP	3:23.27
7 Singh, Raya	10 Curro Aquatics-CP	3:28.14
8 Hughes, Rainn	9 Barracudas-CP	3:30.52
9 Hendricks, Cara	9 Curro Aquatics-CP	3:43.28

Event 107 Girls 11 Year Olds 200 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Jaftha, Mercedes A	11 Manta-CP	3:01.93
2 Glass, Gabi	11 Swimlab-CP	3:02.43
3 Arendse, Emma	11 Manta-CP	3:02.61
4 Philander, Mika	11 Swimlab-CP	3:03.25
5 Potgieter, Suriè-Rose	11 Tygers-CP	3:07.75
6 Engels, Lara	11 Curro Aquatics-CP	3:09.23
7 Kutumane, Mpho M	11 Uwc-CP	3:17.40
8 Brits, Janica G	11 Barracudas-CP	3:23.62
9 Schaal, Dita	11 Vineyard-CP	3:29.60

Event 107 Girls 12 Year Olds 200 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Matthee, Zarah	12 Uwc-CP	2:45.11
2 Lilley, Kenna	12 Tygers-CP	2:46.37
3 Makore, Bona M	12 Aqua Sharks-CP	2:49.12
4 Eyssen, Sky	12 Manta-CP	2:49.70
5 Titus, Cayda	12 Marlin-CP	2:57.59
6 Klopper, Lene	12 Quick Silver-CP	2:58.88
7 Sebastian, Catherine	12 Manta-CP	3:01.04
8 Coetzer, Cat	12 Quick Silver-CP	3:07.00

Event 107 Girls 13 Year Olds 200 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Gersbach, Esté	13 Curro Aquatics-CP	2:44.99
2 Alderman, Rebecca L	13 Aqua Sharks-CP	2:45.40
3 Van de Vyver, Mia	13 Elite Swimming A-CE	2:46.46
4 Haynes-Smart, Kaitlyn	13 Vineyard-CP	2:47.64
5 De Wit, Gia E	13 Xcel Swim Academ-CP	3:03.97
6 Ortell, Danielle S	13 Uwc-CP	3:08.90

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Event 107 Girls 14 Year Olds 200 LC Meter Freestyle			
Name	Age	Team	Finals Time
1 Kröger, Sammy	14	Elite Swimming A-CE	2:46.55
2 Van der Westhuizen, Jemah	14	Vineyard-CP	2:48.62
Event 107 Girls 15 Year Olds 200 LC Meter Freestyle			
Name	Age	Team	Finals Time
1 Loots, Emmelize	15	Tygers-CP	2:39.47
2 Williams, Taaliah	15	Manta-CP	2:42.38
3 Lynch, Kellan R	15	Xcel Swim Academ-CP	2:48.40
4 Jephtha, Nasheetah	15	Manta-CP	2:53.98
5 Peens, Diëm	15	Curro Hermanus-OB	2:55.67
6 De Wit, Chara	15	Curro Aquatics-CP	2:56.81
7 Talip, Sofiya	15	Manta-CP	3:20.91
--- Khahledi, Bohlale	15	Curro Aquatics-CP	DQ
No touch at turn or finish			
Event 107 Girls 16 Year Olds 200 LC Meter Freestyle			
Name	Age	Team	Finals Time
1 Chung Kim Yuen, Leigh A	16	Manta-CP	2:42.59
2 Stevenson, Andrea	16	Tygers-CP	3:30.76
Event 108 Boys 10 & Under 200 LC Meter Freestyle			
Name	Age	Team	Finals Time
1 Mallin, Aron	9	Swimlab-CP	2:49.91
2 Fourie, Jan Jurie	10	Vineyard-CP	3:03.77
3 Joyce, Jean	8	Curro Aquatics-CP	3:09.11
4 Perez Castellano, Enrique	10	Curro Aquatics-CP	3:09.81
5 Marais, Wilhelm S	10	Tygers-CP	3:09.93
6 De Wit, Daniël C	10	Curro Aquatics-CP	3:15.17
7 Pottas, Hanroux	10	Silver Fins-CP	3:23.62
8 Tomlinson, Joshua F	10	Tygers-CP	3:25.74
9 Kruger, Hanko	10	Helderberg Titan-CP	3:46.69
Event 108 Boys 11 Year Olds 200 LC Meter Freestyle			
Name	Age	Team	Finals Time
1 Rossouw, Marais	11	Quick Silver-CP	2:49.29
2 Beukes, Ryan M	11	Swimlab-CP	2:49.58
3 Allott, Kallon J	11	Aqua Athlete Cta-CP	2:58.99
4 Maposa, Paul M	11	Curro Aquatics-CP	3:19.41
5 Weitz, Kieran C	11	Curro Aquatics-CP	3:30.62
6 Aranjó, Jared J	11	Curro Aquatics-CP	4:24.02
Event 108 Boys 12 Year Olds 200 LC Meter Freestyle			
Name	Age	Team	Finals Time
1 Kriel, Ewan	12	Quick Silver-CP	2:45.07
2 Magotsi, Ahadi	12	Cybersmart-CP	2:47.75
3 Liebenberg, Matthew	12	Tygers-CP	2:48.88
4 Caldicott, Luke M	12	SSISA-CP	2:49.19
5 Clark, Alexander L	12	Uwc-CP	2:49.47
6 Neuhold, Sebastian	12	Vineyard-CP	2:55.43
7 Heiberg, Ethan	12	Manta-CP	2:56.13
8 Nothnagel, Henk K	12	Curro Aquatics-CP	2:59.39
9 Vleggaar, Daniel	12	Tygers-CP	2:59.52
10 Nel, Charles Paul	12	Quick Silver-CP	3:04.00
11 Branders, Louis J	12	Quick Silver-CP	3:12.84
12 Stears, Phillip	12	Helderberg Titan-CP	3:15.95
13 Diedricks, Joshua	12	Tygers-CP	3:18.88
--- Desai, Rohin T	12	Swimlab-CP	NS

Event 108 Boys 13 Year Olds 200 LC Meter Freestyle			
	Name	AgeTeam	Finals Time
1	Yende, Akwande	13 Xcel Swim Academ-CP	2:39.88
2	Newham, Christopher J	13 Tygers-CP	2:41.63
3	Walters, Caleb	13 Quick Silver-CP	2:46.21
4	Samuels, Mason	13 Marlin-CP	2:47.42
5	Odendaal, Riko	13 Curro Aquatics-CP	2:48.01
6	Zwarts, Zak P	13 Tygers-CP	2:49.42
7	Calitz, Mias C	13 Curro Hermanus-OB	2:50.92
8	Engels, Aiden E	13 Curro Aquatics-CP	3:03.24
9	Pontac, Eli D	13 Tygers-CP	3:09.62
10	Wilson, Kaleb	13 Manta-CP	3:11.74
11	Dollie, Zidaan	13 Manta-CP	3:24.86
Event 108 Boys 14 Year Olds 200 LC Meter Freestyle			
	Name	AgeTeam	Finals Time
1	Ganger, Zeke D	14 Marlin-CP	2:27.80
2	Smith, Jenson C	14 Aqua Sharks-CP	2:28.87
3	October, Joshua D	14 Alpha-CP	2:29.16
4	Simpson, Alex P	14 Manta-CP	2:38.06
5	Balyan, Advik	14 Xcel Swim Academ-CP	2:44.39
6	Ntshona, Iminathi A	14 Curro Aquatics-CP	2:44.49
7	Richardson, Daniel	14 Swimlab-CP	2:48.99
8	Lin, Tristan	14 Cybersmart-CP	2:51.47
9	Kele, Gomolemo	14 Silver Fins-CP	3:08.95
Event 108 Boys 15 Year Olds 200 LC Meter Freestyle			
	Name	AgeTeam	Finals Time
1	Pearson-Adams, Wolfe D	15 Swimlab-CP	2:20.98
2	Banoo, Eshan	15 Retreat-CP	2:31.96
3	Kellerman, Justin	15 Cybersmart-CP	2:42.19
4	Jaffa, Usamah	15 Manta-CP	2:45.41
5	Van Vuuren, Liam	15 Xcel Swim Academ-CP	2:46.87
Event 109 Girls 10 & Under 100 LC Meter Breaststroke			
	Name	AgeTeam	Finals Time
1	Perrins, Kendall	9 Curro Aquatics-CP	1:49.58
2	Sadi, Chrisela F	10 Swimlab-CP	1:50.68
3	De Lange, Niah	10 Curro Aquatics-CP	1:51.35
4	Jones, Armani L	9 Xcel Swim Academ-CP	1:54.45
5	Wright, Mila	10 Tygers-CP	1:54.77
6	Spangenberg, Leah	9 Xcel Swim Academ-CP	1:56.77
7	Mare, Livia	9 Curro Aquatics-CP	1:56.86
8	Van der Merwe, Johanni	9 Tygers-CP	1:58.00
9	Odendaal, Ella C	9 Quick Silver-CP	1:58.52
10	Krige, Amelie M	10 Tygers-CP	1:59.25
11	Synodinos, Penelope	9 Curro Aquatics-CP	1:59.35
12	Janse van Rensburg, Lilly L	10 Xcel Swim Academ-CP	2:01.12
13	Fouche, Kayla	9 Tygers-CP	2:03.10
14	Chippendale, Aaliya	10 Marlin-CP	2:03.29
15	Lawson, Rebecca P	9 CTO-CP	2:05.31
16	Mitchell, Cressida S	10 Vineyard-CP	2:06.82
17	Geldenhuys, Ziane	10 Silver Fins-CP	2:07.65
18	Poole, Lucy	10 Cybersmart-CP	2:12.30
19	Hendricks, Cara	9 Curro Aquatics-CP	2:27.31
---	Spencer, Juliette R	9 Cybersmart-CP	DQ
Head did not break surface during each stroke cycle (except first cycle foll			

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Event 109 Girls 11 Year Olds 100 LC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Levi, Zara	11 CTO-CP	1:36.27
2 Jaftha, Mercedes A	11 Manta-CP	1:44.68
3 Fakier, Ayesha i	11 CTO-CP	1:48.14
4 Glass, Gabi	11 Swimlab-CP	1:50.03
5 Kotklier, Beatrisa	11 Cybersmart-CP	1:50.74
6 Schnehege, Kirsten	11 Vineyard-CP	1:55.22
7 Arendse, Emma	11 Manta-CP	1:55.53
8 Chourasia, Manasvi	11 Silver Fins-CP	2:03.90
9 De Nobrega, Ella	11 Cybersmart-CP	2:04.82
10 Schaal, Dita	11 Vineyard-CP	2:07.23
11 Brits, Janica G	11 Barracudas-CP	2:07.74
--- Abrahams, Imtithaal	11 Walmers-CP	DQ
False start		

Event 109 Girls 12 Year Olds 100 LC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Cozyn, Nuhaa	12 Manta-CP	1:42.97
2 Matthee, Zarah	12 Uwc-CP	1:44.43
3 Klopper, Lene	12 Quick Silver-CP	1:46.60
4 Lilley, Kenna	12 Tygers-CP	1:47.27
5 Synodinos, Ellie	12 Curro Aquatics-CP	1:47.71
6 Vancoillie, Livia	12 Quick Silver-CP	1:47.76
7 Sebastian, Catherine	12 Manta-CP	1:48.69
8 Eyssen, Sky	12 Manta-CP	1:49.81
9 Essex, Razaanah	12 Retreat-CP	1:52.49
10 Meyer, Zaarah	12 Helderberg Titan-CP	1:52.73
11 Coetzer, Cat	12 Quick Silver-CP	1:53.50
12 Coetzee, Melody	12 Cybersmart-CP	1:53.51

Event 109 Girls 13 Year Olds 100 LC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Grebe, Ava	13 Curro Hermanus-OB	1:27.91
2 Wink, Leonie	13 Vineyard-CP	1:37.01
3 Haynes-Smart, Kaitlyn	13 Vineyard-CP	1:37.71
4 Bouwer, Juno	13 Curro Aquatics-CP	1:39.89
5 De Wit, Gia E	13 Xcel Swim Academ-CP	1:41.50
6 Gersbach, Esté	13 Curro Aquatics-CP	1:46.34
7 Louw, Yvette H	13 Tygers-CP	1:46.70
8 De Wit, Rua	13 Curro Aquatics-CP	1:50.30
9 Field, Zara J	13 CTO-CP	1:53.39

Event 109 Girls 14 Year Olds 100 LC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Van der Westhuizen, Jemah	14 Vineyard-CP	1:38.42
2 Jardim, Keandra T	14 Curro Aquatics-CP	1:41.08
3 Talip, Sanaa	14 Walmers-CP	1:43.90

Event 109 Girls 15 Year Olds 100 LC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Jephta, Nasheetah	15 Manta-CP	1:35.92
2 Hendricks, Aeshah	15 Walmers-CP	1:37.38
3 Loots, Emmelize	15 Tygers-CP	1:37.92
4 Lynch, Kellan R	15 Xcel Swim Academ-CP	1:39.38
5 Olivier, Erin	15 Aqua Sharks-CP	1:39.50
6 Williams, Taaliah	15 Manta-CP	1:41.09
7 De Wit, Chara	15 Curro Aquatics-CP	1:41.67

Event 109 Girls 16 Year Olds 100 LC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Oaten, Gabriella	16 Curro Aquatics-CP	1:41.18
2 Fokazi, Alizwa A	16 Cybersmart-CP	1:52.75

Event 110 Boys 10 & Under 100 LC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Israel, Zayd	10 SSISA-CP	1:46.31
2 Wentzel, Cobus J	10 Barracudas-CP	1:47.72
3 Kotze, Blake	10 Curro Aquatics-CP	1:48.35
4 Eksteen, Pisces M	10 Xcel Swim Academ-CP	1:48.52
5 Schutte, Ethan	10 Quick Silver-CP	1:51.21
6 Vincent, Joshua	10 Quick Silver-CP	1:52.71
7 Brevis, Kieran D	10 Curro Aquatics-CP	1:55.99
8 Stringer, Cayden	9 Retreat-CP	1:57.21
9 Khahledi, Motlatsi	10 Curro Aquatics-CP	1:57.59
10 Fourie, Jan Jurie	10 Vineyard-CP	2:00.82
11 Pottas, Hanroux	10 Silver Fins-CP	2:03.59
12 Kruger, Hanko	10 Helderberg Titan-CP	2:03.63
13 Van Onselen, Connor C	9 Tygers-CP	2:05.55
14 De Mink, Connor	9 Cybersmart-CP	2:06.36
15 Ontong, Hakeem	9 Retreat-CP	2:07.30
16 Joyce, Jean	8 Curro Aquatics-CP	2:08.69
17 De Wit, Daniël C	10 Curro Aquatics-CP	2:11.06
18 Schoeman, Niel A	10 Tygers-CP	2:12.50
--- Perez Castellano, Enrique	10 Curro Aquatics-CP	DQ
At the turn or finish did not touch with both hands simultaneously/separat		
--- Potgieter, Matthys	10 Elite Swimming A-CE	NS

Event 110 Boys 11 Year Olds 100 LC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Pretorius, Henri	11 Tygers-CP	1:47.79
2 Pretorius, Liam R	11 Tygers-CP	1:49.15
3 Weitz, Kieran C	11 Curro Aquatics-CP	1:50.17
4 Allott, Kallon J	11 Aqua Athlete Cta-CP	1:53.86
5 Rossouw, Marais	11 Quick Silver-CP	1:54.56
6 Maposa, Paul M	11 Curro Aquatics-CP	1:55.14
7 Steyn, Francois D	11 Curro Aquatics-CP	1:56.08
8 Stasch, Alexander G	11 Tygers-CP	1:56.77
9 Pereira, Rowen R	11 Marlin-CP	2:00.43
10 Arendse, Aidan	11 Manta-CP	2:09.59

Event 110 Boys 12 Year Olds 100 LC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Nel, Charles Paul	12 Quick Silver-CP	1:34.71
2 Clark, Alexander L	12 Uwc-CP	1:36.13
3 Liebenberg, Matthew	12 Tygers-CP	1:40.44
4 Nothnagel, Henk K	12 Curro Aquatics-CP	1:41.42
5 Heiberg, Ethan	12 Manta-CP	1:42.01
6 Ebrahim, Zayd	12 Tygers-CP	1:43.28
7 Magotsi, Ahadi	12 Cybersmart-CP	1:43.97
8 Hlophe, Lihle L	12 Curro Aquatics-CP	1:46.63
9 Branders, Louis J	12 Quick Silver-CP	1:47.47
10 Vleggaar, Daniel	12 Tygers-CP	1:48.24
11 Stears, Phillip	12 Helderberg Titan-CP	1:50.19
12 Witten, Gabriel J	12 Cybersmart-CP	1:53.87
13 November, Connor	12 Cybersmart-CP	1:59.75

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Event 110 Boys 13 Year Olds 100 LC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Botha, Andre	13 Tygers-CP	1:34.27
2 Potts, Hayden C	13 Curro Aquatics-CP	1:37.31
3 Calitz, Mias C	13 Curro Hermanus-OB	1:37.37
4 Odendaal, Riko	13 Curro Aquatics-CP	1:39.56
5 Chiang, Adam	13 Vineyard-CP	1:39.70
6 Walters, Caleb	13 Quick Silver-CP	1:39.74
7 Yende, Akwande	13 Xcel Swim Academ-CP	1:42.03
8 Wilson, Kaleb	13 Manta-CP	1:44.27
9 Samuels, Mason	13 Marlin-CP	1:46.17
10 Millar, Matthew	13 Silver Fins-CP	1:46.61
11 Newham, Christopher J	13 Tygers-CP	1:53.24

Event 110 Boys 14 Year Olds 100 LC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Pedro, Maahier	14 Walmers-CP	1:27.30
2 Louw, Rourke	14 Aqua Athlete Cta-CP	1:28.38
3 Ganger, Zeke D	14 Marlin-CP	1:29.48
4 De Vincenzo, Jason C	14 Quick Silver-CP	1:31.27
5 Balyan, Advik	14 Xcel Swim Academ-CP	1:32.54
6 Simpson, Alex P	14 Manta-CP	1:36.24
7 Chas, George	14 Vineyard-CP	1:37.72
8 Pretorius, Theo	14 Tygers-CP	1:39.45
9 Samuel, Ruben A	14 Helderberg Titan-CP	1:42.93
10 Kele, Gomolemo	14 Silver Fins-CP	1:43.49
11 Rulashe, Luthando L	14 Tygers-CP	1:44.54
12 Ntshona, Iminathi A	14 Curro Aquatics-CP	1:54.29
--- Richardson, Daniel	14 Swimlab-CP	DQ
At the turn or finish did not touch with both hands simultaneously/separat		
--- Lin, Tristan	14 Cybersmart-CP	DQ
At the turn or finish did not touch with both hands simultaneously/separat		
--- Millar, Nathan	14 Silver Fins-CP	DQ
False start		

Event 110 Boys 15 Year Olds 100 LC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Abrahams, Joshua J	15 Retreat-CP	1:28.16
2 Jaffa, Usamah	15 Manta-CP	1:29.57
3 Banoo, Eshan	15 Retreat-CP	1:30.97
4 De Jager, Xander H	15 Tygers-CP	1:31.83
5 Van Vuuren, Liam	15 Xcel Swim Academ-CP	1:35.55
6 Smith, Gian A	15 Helderberg Titan-CP	1:48.62
7 Viret, Reilly L	15 Helderberg Titan-CP	2:00.73

Event 110 Boys 16 Year Olds 100 LC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Isaacs, Christiano A	16 Uwc-CP	1:20.36
2 Abrahams, Rayhan	16 Walmers-CP	1:25.09
3 Taljaard, Jason	16 Quick Silver-CP	1:30.51
4 Freeks, Caleb	16 Retreat-CP	1:32.62

Event 110 Boys 17 & Over 100 LC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Arelisky, Noah S	19 Aqua Sharks-CP	1:19.53
2 Meniers, Malik M	17 Retreat-CP	1:32.30
3 Crotz, Connor C	17 Helderberg Titan-CP	1:34.96

Event 111 Girls 10 & Under 50 LC Meter Butterfly

Name	AgeTeam	Finals Time
1 Mossay, Aria	10 Uwc-CP	40.06
2 Combrinck, Hannah	10 Tygers-CP	42.51
3 Perrins, Kendall	9 Curro Aquatics-CP	43.55
4 Jones, Armani L	9 Xcel Swim Academ-CP	43.96
5 Freese, Gabi M	10 Swimlab-CP	44.51
6 Sadi, Chrisela F	10 Swimlab-CP	44.60
7 Odendaal, Ella C	9 Quick Silver-CP	45.74
8 Spangenberg, Leah	9 Xcel Swim Academ-CP	46.94
9 Spencer, Juliette R	9 Cybersmart-CP	48.75
10 Krige, Amelie M	10 Tygers-CP	50.20
11 Fouche, Kayla	9 Tygers-CP	50.39
12 De Lange, Niah	10 Curro Aquatics-CP	50.80
13 Janse van Rensburg, Lilly L	10 Xcel Swim Academ-CP	52.48
14 Lawson, Rebecca P	9 CTO-CP	52.52
15 Van der Merwe, Johanni	9 Tygers-CP	52.75
16 Singh, Raya	10 Curro Aquatics-CP	58.49
--- Hendricks, Cara	9 Curro Aquatics-CP	DQ
Arms not brought forward simultaneously over the water		
--- Poole, Lucy	10 Cybersmart-CP	DQ
Alternating movement of legs or feet		
--- Geldenhuys, Ziane	10 Silver Fins-CP	DQ
Arms not brought forward simultaneously over the water		

Event 111 Girls 11 Year Olds 50 LC Meter Butterfly

Name	AgeTeam	Finals Time
1 Levi, Zara	11 CTO-CP	40.59
2 Potgieter, Surië-Rose	11 Tygers-CP	47.02
3 Kutumane, Mpho M	11 Uwc-CP	48.46
4 Chourasia, Manasvi	11 Silver Fins-CP	53.19
5 Philander, Mika	11 Swimlab-CP	54.00
6 Schnehage, Kirsten	11 Vineyard-CP	54.05
7 De Nobrega, Ella	11 Cybersmart-CP	54.54
8 October, Jemma F	11 Alpha-CP	54.62
9 Brits, Janica G	11 Barracudas-CP	54.64
--- Engels, Lara	11 Curro Aquatics-CP	DQ
Arms not brought forward simultaneously over the water		
--- Kotkliar, Beatrisa	11 Cybersmart-CP	DNF
Swimmer did not finish		

Event 111 Girls 12 Year Olds 50 LC Meter Butterfly

Name	AgeTeam	Finals Time
1 Klopper, Lene	12 Quick Silver-CP	34.25
2 Makore, Bona M	12 Aqua Sharks-CP	38.60
3 Matthee, Zarah	12 Uwc-CP	39.78
4 Meyer, Zaarah	12 Helderberg Titan-CP	40.03
5 Arenz, Jessica	12 SSISA-CP	40.43
6 Lilley, Kenna	12 Tygers-CP	40.95
7 Coetzer, Cat	12 Quick Silver-CP	44.10
8 Thompson, Taya R	12 CTO-CP	45.29
9 Coetzee, Melody	12 Cybersmart-CP	45.75
10 Titus, Cayda	12 Marlin-CP	47.95
--- Essex, Razaanah	12 Retreat-CP	DQ
Did not swim stroke specified		

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Event 111 Girls 13 Year Olds 50 LC Meter Butterfly			
	Name	AgeTeam	Finals Time
1	Van de Vyver, Mia	13 Elite Swimming A-CE	36.42
2	Louw, Yvette H	13 Tygers-CP	36.59
3	Muriro, Neema K	13 CTO-CP	37.97
4	Bouwer, Juno	13 Curro Aquatics-CP	39.21
5	Gersbach, Esté	13 Curro Aquatics-CP	40.33
6	De Wit, Rua	13 Curro Aquatics-CP	41.18
7	De Wit, Gia E	13 Xcel Swim Academ-CP	42.80
8	Field, Zara J	13 CTO-CP	43.46
9	Ortell, Danielle S	13 Uwc-CP	44.28
Event 111 Girls 14 Year Olds 50 LC Meter Butterfly			
	Name	AgeTeam	Finals Time
1	Van Der Ross, Peyton I	14 Tygers-CP	39.21
2	Kröger, Sammy	14 Elite Swimming A-CE	39.90
Event 111 Girls 15 Year Olds 50 LC Meter Butterfly			
	Name	AgeTeam	Finals Time
1	Lynch, Kellan R	15 Xcel Swim Academ-CP	36.84
2	Allott, Kyla	15 Aqua Athlete Cta-CP	37.41
3	De Wit, Chara	15 Curro Aquatics-CP	38.35
4	Peens, Diëm	15 Curro Hermanus-OB	38.66
5	Khahledi, Bohlale	15 Curro Aquatics-CP	39.38
6	Talip, Sofiya	15 Manta-CP	43.01
7	Campbell, Callen A	15 Marlin-CP	44.58
8	Alexander, Luca	15 Marlin-CP	47.01
Event 111 Girls 16 Year Olds 50 LC Meter Butterfly			
	Name	AgeTeam	Finals Time
1	Wink, Lara S	16 Vineyard-CP	33.20
2	Landman, Keona	16 Aqua Athlete Cta-CP	34.24
3	Scheepers, Caitlin	16 Vineyard-CP	40.77
4	Oaten, Gabriella	16 Curro Aquatics-CP	40.95
5	Fokazi, Alizwa A	16 Cybersmart-CP	48.58
6	Stevenson, Andrea	16 Tygers-CP	56.25
Event 112 Boys 10 & Under 50 LC Meter Butterfly			
	Name	AgeTeam	Finals Time
1	Mallin, Aron	9 Swimlab-CP	44.38
2	Ontong, Hakeem	9 Retreat-CP	44.64
3	Eksteen, Pisces M	10 Xcel Swim Academ-CP	45.46
4	Perez Castellano, Enrique	10 Curro Aquatics-CP	46.50
5	Khahledi, Motlatsi	10 Curro Aquatics-CP	47.19
6	Stringer, Cayden	9 Retreat-CP	47.27
7	Tomlinson, Joshua F	10 Tygers-CP	48.26
8	Joyce, Jean	8 Curro Aquatics-CP	48.71
9	Israel, Zayd	10 SSISA-CP	49.37
10	Schoeman, Niel A	10 Tygers-CP	49.70
11	Fourie, Jan Jurie	10 Vineyard-CP	51.24
12	De Wit, Daniël C	10 Curro Aquatics-CP	53.23
13	Brevis, Kieran D	10 Curro Aquatics-CP	53.32
14	Pottas, Hanroux	10 Silver Fins-CP	54.21
15	Van Onselen, Connor C	9 Tygers-CP	55.16
16	Kruger, Hanko	10 Helderberg Titan-CP	55.60
---	De Mink, Connor	9 Cybersmart-CP	DQ
Arms not brought forward simultaneously over the water			
---	Schutte, Ethan	10 Quick Silver-CP	DQ
Arms not brought forward simultaneously over the water			

---	Potgieter, Matthys	10	Elite Swimming A-CE	NS
Event 112 Boys 11 Year Olds 50 LC Meter Butterfly				
	Name	Age	Team	Finals Time
1	Sandler, Jesse L	11	Aqua Sharks-CP	37.52
2	Stasch, Alexander G	11	Tygers-CP	39.47
3	Rossouw, Marais	11	Quick Silver-CP	40.60
4	Beukes, Ryan M	11	Swimlab-CP	42.11
5	Maposa, Paul M	11	Curro Aquatics-CP	42.80
6	Pretorius, Henri	11	Tygers-CP	48.40
7	Stringer, Jesse	11	Retreat-CP	49.80
8	Pereira, Rowen R	11	Marlin-CP	51.39
---	Weitz, Kieran C	11	Curro Aquatics-CP	DQ
Arms not brought forward simultaneously over the water				
---	Louw, Stefan J	11	Tygers-CP	DQ
Arms not brought forward simultaneously over the water				
---	Aranjo, Jared J	11	Curro Aquatics-CP	DQ
Arms not brought forward simultaneously over the water				
---	Michel, Hayden	11	SSISA-CP	DQ
Arms not brought forward simultaneously over the water				
---	Steyn, Francois D	11	Curro Aquatics-CP	DQ
Arms not brought forward simultaneously over the water				
Event 112 Boys 12 Year Olds 50 LC Meter Butterfly				
	Name	Age	Team	Finals Time
1	Magotsi, Ahadi	12	Cybersmart-CP	37.51
2	Nel, Charles Paul	12	Quick Silver-CP	38.39
3	Hlophe, Lihle L	12	Curro Aquatics-CP	38.59
4	Kriel, Ewan	12	Quick Silver-CP	40.34
5	Caldicott, Luke M	12	SSISA-CP	42.91
6	Freek, Joel	12	Retreat-CP	43.69
7	November, Connor	12	Cybersmart-CP	43.99
8	Neuhold, Sebastian	12	Vineyard-CP	44.04
9	Olivier, Stefan P	12	Tygers-CP	44.37
10	Branders, Louis J	12	Quick Silver-CP	44.71
11	Liebenberg, Matthew	12	Tygers-CP	46.33
12	Vleggaar, Daniel	12	Tygers-CP	50.94
13	Stears, Phillip	12	Helderberg Titan-CP	51.13
14	Diedricks, Joshua	12	Tygers-CP	51.56
---	Nothnagel, Henk K	12	Curro Aquatics-CP	DQ
Arms not brought forward simultaneously over the water				
---	Witten, Gabriel J	12	Cybersmart-CP	DQ
Arms not brought forward simultaneously over the water				
Event 112 Boys 13 Year Olds 50 LC Meter Butterfly				
	Name	Age	Team	Finals Time
1	O'Reilly, Shane B	13	Swimlab-CP	34.66
2	Odendaal, Riko	13	Curro Aquatics-CP	35.64
3	Zwarts, Zak P	13	Tygers-CP	35.95
4	Yende, Akwande	13	Xcel Swim Academ-CP	37.83
5	Walters, Caleb	13	Quick Silver-CP	38.56
6	Millar, Matthew	13	Silver Fins-CP	39.31
7	Engels, Aiden E	13	Curro Aquatics-CP	39.47
8	Newham, Christopher J	13	Tygers-CP	41.88
9	Botha, Andre	13	Tygers-CP	43.99
Event 112 Boys 14 Year Olds 50 LC Meter Butterfly				
	Name	Age	Team	Finals Time
1	Smith, Jenson C	14	Aqua Sharks-CP	31.51

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(Event 112 Boys 14 Year Olds 50 LC Meter Butterfly)

Name	AgeTeam	Finals Time
2 Ganger, Zeke D	14 Marlin-CP	31.62
3 De Vincenzo, Jason C	14 Quick Silver-CP	34.29
4 Balyan, Advik	14 Xcel Swim Academ-CP	34.89
5 Millar, Nathan	14 Silver Fins-CP	35.12
6 Pretorius, Theo	14 Tygers-CP	35.17
7 Lin, Tristan	14 Cybersmart-CP	37.62
8 Kele, Gomolemo	14 Silver Fins-CP	39.77
9 Ntshona, Iminathi A	14 Curro Aquatics-CP	43.55
--- Rulashe, Luthando L	14 Tygers-CP	DQ
Arms not brought forward simultaneously over the water		
--- Samuel, Ruben A	14 Helderberg Titan-CP	DQ
Arms not brought forward simultaneously over the water		

Event 112 Boys 15 Year Olds 50 LC Meter Butterfly

Name	AgeTeam	Finals Time
1 Pearson-Adams, Wolfe D	15 Swimlab-CP	29.53
2 Field, Joshua J	15 Vineyard-CP	31.88
3 Abrahams, Joshua J	15 Retreat-CP	34.83
4 Van Vuuren, Liam	15 Xcel Swim Academ-CP	35.54
5 Smith, Gian A	15 Helderberg Titan-CP	35.84
6 Kellerman, Justin	15 Cybersmart-CP	36.53
7 Viret, Reilly L	15 Helderberg Titan-CP	37.28
8 Banoo, Eshan	15 Retreat-CP	37.94
9 De Jager, Xander H	15 Tygers-CP	38.91

Event 112 Boys 16 Year Olds 50 LC Meter Butterfly

Name	AgeTeam	Finals Time
1 Viret, Seth R	16 Helderberg Titan-CP	31.95
2 Freeks, Caleb	16 Retreat-CP	34.17
3 Isaacs, Christiano A	16 Uwc-CP	35.96

Event 112 Boys 17 & Over 50 LC Meter Butterfly

Name	AgeTeam	Finals Time
1 Tumba, Ismael K	17 SSISA-CP	31.70
2 Crotz, Connor C	17 Helderberg Titan-CP	32.50
3 Arelisky, Noah S	19 Aqua Sharks-CP	34.28
4 Meniers, Malik M	17 Retreat-CP	35.29

Event 201 Girls 11 Year Olds 400 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Scheffer, Shaylee C	11 Uwc-CP	5:32.55
2 Daniels, Emily G	11 Xcel Swim Academ-CP	5:43.92
3 Kimani, Katja	11 Cybersmart-CP	5:59.47
4 Benade, Aria	11 Swimlab-CP	6:23.57
5 Singh, Pradhia	11 Curro Aquatics-CP	6:30.87

Event 201 Girls 12 Year Olds 400 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Hofinger, Charlotte M	12 Aqua Sharks-CP	5:07.01
2 Horn, Anna	12 Xcel Swim Academ-CP	5:20.27
3 Wilensky, Mikayla	12 Aqua Sharks-CP	5:26.39
4 Newkirk, Gia	12 Tygers-CP	5:35.04
5 Theron, Alex	12 Curro Aquatics-CP	5:38.46
6 Emjedi, Saffiya	12 Swimlab-CP	5:40.36
7 Kimani, Luisa	12 Cybersmart-CP	5:40.45
8 Adams, Ella	12 Curro Aquatics-CP	5:46.73
9 Tranter, Alexia R	12 SSISA-CP	5:47.79
10 Walker, Kayla-Anne	12 Cybersmart-CP	5:58.30

11 Wentzel, Leah A	12 Marlin-CP	6:00.08
12 Ras, Annabelle	12 Quick Silver-CP	6:20.57

Event 201 Girls 13 Year Olds 400 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Williams, Aqeelah	13 Uwc-CP	4:59.48
2 Olivier, Julie M	13 Curro Aquatics-CP	5:04.79
3 Grebe, Ava	13 Curro Hermanus-OB	5:14.33
4 Lockitch, Zara	13 Cybersmart-CP	5:19.19
5 Chibharo, Lethabo L	13 Curro Aquatics-CP	5:21.59
6 Els, Jamie	13 Aqua Dolphin-CP	5:26.96
7 Lourens, Mia	13 Curro Aquatics-CP	5:39.36
8 Haynes-Smart, Kaitlyn	13 Vineyard-CP	5:55.45

Event 201 Girls 14 Year Olds 400 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Tsai-Rieb, Pei-Chi P	14 Cybersmart-CP	4:48.16
2 Brooker, Isabella J	14 Aqua Athlete Cta-CP	5:12.56
3 Nienaber, Mila J	14 Elite Swimming A-CE	5:25.22
4 Schou, Lexi	14 Silver Fins-CP	5:45.21

Event 201 Women 15 Year Olds 400 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Thirsk, Madison	15 Curro Aquatics-CP	4:57.98
2 Robinson, Alana	15 Swimlab-CP	5:29.43
3 Engelbrecht, Giselle K	15 Helderberg Titan-CP	5:36.45

Event 201 Women 17 & Over 400 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Witten, Hannah	17 Cybersmart-CP	5:38.31
2 Polman, Gail A	17 Curro Aquatics-CP	6:00.14

Event 202 Boys 10 & Under 400 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Breebaart, Matthew	10 Curro Aquatics-CP	5:15.06
2 Spangenberg, Luke A	10 Xcel Swim Academ-CP	6:19.81

Event 202 Boys 11 Year Olds 400 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Skordis, Boyd A	11 Swimlab-CP	5:11.52
2 Perez Castellano, Emilio	11 Curro Aquatics-CP	5:29.73
3 Swartz, Seth J	11 Curro Aquatics-CP	5:45.96
4 Cloete, Albert	11 Tygers-CP	6:15.13

Event 202 Boys 12 Year Olds 400 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Poultney, Matthew	12 Curro Aquatics-CP	4:45.73
2 Bendixen, Vidar R	12 Swimlab-CP	5:29.17
3 Lee, Daniel	12 Tygers-CP	6:08.38

Event 202 Boys 13 Year Olds 400 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Breebaart, Joshua	13 Curro Aquatics-CP	4:31.03
2 van Rensburg, Tristan	13 Curro Aquatics-CP	4:48.25
3 Wagener, Tiaan H	13 Elite Swimming A-CE	4:50.43
4 Bright, Michael C	13 Curro Aquatics-CP	4:53.92
5 Mccollum, Aiden I	13 Alpha-CP	5:01.25
6 Vd Watt, Earle	13 Curro Aquatics-CP	5:07.73
7 Heunis, Le Roux	13 Tygers-CP	5:12.50
8 February, Dillon S	13 Curro Aquatics-CP	5:20.24
9 Joubert, Wian	13 Quick Silver-CP	5:24.02

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(Event 202 Boys 13 Year Olds 400 LC Meter Freestyle)

Name	AgeTeam	Finals Time
10 Shipton, Christopher J	13 Quick Silver-CP	5:29.82
11 Jacobs, Seth G	13 Manta-CP	5:36.76
12 Kleinsmith, David	13 Curro Aquatics-CP	5:38.40
13 Chippendale, Xavier L	13 Vineyard-CP	5:50.64
14 Fortune, Hakeem	13 Manta-CP	5:51.56
--- Akinci, Can Batu	13 Vineyard-CP	NS

Event 202 Boys 14 Year Olds 400 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Oaten, Rourke	14 Curro Aquatics-CP	4:47.03
2 Lewis, Callum R	14 Curro Aquatics-CP	4:49.03
3 Van Heerden, Christian	14 Aqua Athlete Cta-CP	4:53.15
4 Faulkner, Callum E	14 SSISA-CP	4:54.38
5 Lichthart, Nicus	14 Quick Silver-CP	4:57.07
6 Wagner, Noah J	14 Swimlab-CP	4:57.29
7 Spencer, Marcus W	14 Cybersmart-CP	4:58.58
8 Gomez, Alex W	14 Marlin-CP	5:12.93
9 Hodgskiss, Fin J	14 SSISA-CP	5:22.06

Event 202 Men 15 Year Olds 400 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Spencer, Charles A	15 Cybersmart-CP	4:44.72
2 Krause, Luke	15 Curro Aquatics-CP	5:05.32
3 Grobler, Chris I	15 Curro Aquatics-CP	5:07.26
4 Samsodien, Saaligh S	15 Marlin-CP	5:25.37

Event 202 Men 16 Year Olds 400 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Southey, Jamie	16 Aqua Dolphin-CP	4:40.87
2 Njoroge, Alphonse	16 Curro Aquatics-CP	4:52.84
3 Beukes, Jaden L	16 Walmers-CP	5:19.80

Event 202 Men 17 & Over 400 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Brooker, Matthew W	18 Aqua Athlete Cta-CP	4:36.24
2 Southworth, Matthew W	17 Cybersmart-CP	4:48.52
3 Martin, Alzhario	17 Uwc-CP	5:04.09
4 Davids, Ethan M	17 Uwc-CP	5:08.57

Event 203 Girls 11 Year Olds 100 LC Meter Backstroke

Name	AgeTeam	Finals Time
1 Daniels, Emily G	11 Xcel Swim Academ-CP	1:18.99
2 Scheffer, Shaylee C	11 Uwc-CP	1:20.42
3 Parfitt, Cayden C	11 Curro Aquatics-CP	1:21.64
4 Perrins, Hayden	11 Curro Aquatics-CP	1:22.47
5 Strydom, Marli	11 Quick Silver-CP	1:24.72
6 Van Onselen, Annabelle	11 Tygers-CP	1:25.81
7 Schenck, Maya K	11 Tygers-CP	1:26.20
8 Abrahamse, Lexi	11 Vineyard-CP	1:42.65

Event 203 Girls 12 Year Olds 100 LC Meter Backstroke

Name	AgeTeam	Finals Time
1 Odendaal, Sarah-Kate	12 Quick Silver-CP	1:15.97
2 Barthus, Alessia	12 Manta-CP	1:17.58
3 Gullan, Sophia	12 Vineyard-CP	1:17.69
4 Parker, Leila E	12 SSISA-CP	1:18.62
5 Emjedi, Saffiya	12 Swimlab-CP	1:20.32
6 Koegelenberg, Emily	12 Xcel Swim Academ-CP	1:22.64

7 Tranter, Alexia R	12 SSISA-CP	1:23.44
8 Johnson, Ella J	12 CTO-CP	1:23.75
9 Newkirk, Gia	12 Tygers-CP	1:24.41
10 Theron, Alex	12 Curro Aquatics-CP	1:25.62
11 Ras, Annabelle	12 Quick Silver-CP	1:27.68
12 Normington, Olivia	12 Xcel Swim Academ-CP	1:28.36
13 Engelbrecht, Zia-Bella L	12 Helderberg Titan-CP	1:30.24
14 Walker, Kayla-Anne	12 Cybersmart-CP	1:34.12

Event 203 Girls 13 Year Olds 100 LC Meter Backstroke

Name	AgeTeam	Finals Time
1 Thirsk, Savannah	13 Curro Aquatics-CP	1:15.56
2 Pearson-Adams, Oshun O	13 Swimlab-CP	1:16.10
3 Coetzee, Marli	13 Curro Aquatics-CP	1:18.27
4 Jansen van Rensburg, Mia	13 Xcel Swim Academ-CP	1:18.72
5 Lourens, Mia	13 Curro Aquatics-CP	1:19.24
6 Lloyd, Jemma A	13 Vineyard-CP	1:21.94
7 Sonnekus, Anya	13 Curro Aquatics-CP	1:22.21
8 McGluwa, Jovanah N	13 Curro Aquatics-CP	1:22.77

Event 203 Girls 14 Year Olds 100 LC Meter Backstroke

Name	AgeTeam	Finals Time
1 Nienaber, Mila J	14 Elite Swimming A-CE	1:17.55
2 Wallis, Juliette	14 Curro Aquatics-CP	1:20.71
3 Schou, Lexi	14 Silver Fins-CP	1:25.40
4 Abrahams, Amaani	14 Marlin-CP	1:30.73

Event 203 Women 15 Year Olds 100 LC Meter Backstroke

Name	AgeTeam	Finals Time
1 Holman, Acaylia	15 Marlin-CP	1:13.10
2 Engelbrecht, Giselle K	15 Helderberg Titan-CP	1:17.32
3 De Oliveira, Aliyah	15 Tygers-CP	1:19.70
4 Burger, Juanè	15 Curro Aquatics-CP	1:20.76
5 Senekal, Margo	15 Tygers-CP	1:21.24
6 Robinson, Alana	15 Swimlab-CP	1:23.54
7 Myers, Kirsten E	15 SSISA-CP	1:24.14
8 Black, Lilli J	15 Helderberg Titan-CP	1:28.91

Event 203 Women 16 Year Olds 100 LC Meter Backstroke

Name	AgeTeam	Finals Time
1 Bosman, Jessica A	16 Quick Silver-CP	1:21.86

Event 203 Women 17 & Over 100 LC Meter Backstroke

Name	AgeTeam	Finals Time
1 Polman, Gail A	17 Curro Aquatics-CP	1:22.74
2 Witten, Hannah	17 Cybersmart-CP	1:24.50
3 Jephta, Ra-eesa	20 Manta-CP	1:26.32

Event 204 Boys 10 & Under 100 LC Meter Backstroke

Name	AgeTeam	Finals Time
1 Breebaart, Matthew	10 Curro Aquatics-CP	1:15.61
2 Parfitt, Ethan L	9 Curro Aquatics-CP	1:19.53
3 Poultney, Daniel	10 Curro Aquatics-CP	1:28.57
4 Spangenberg, Luke A	10 Xcel Swim Academ-CP	1:33.66
5 Louw, Milan	10 Curro Aquatics-CP	1:37.27

Event 204 Boys 11 Year Olds 100 LC Meter Backstroke

Name	AgeTeam	Finals Time
1 Perez Castellano, Emilio	11 Curro Aquatics-CP	1:24.58
2 Swartz, Seth J	11 Curro Aquatics-CP	1:25.38

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(Event 204 Boys 11 Year Olds 100 LC Meter Backstroke)

Name	AgeTeam	Finals Time
3 Cloete, Albert	11 Tygers-CP	1:25.42
4 Skordis, Boyd A	11 Swimlab-CP	1:28.39
5 Janse van Rensburg, Wihan J	11 Curro Aquatics-CP	1:29.87
6 Gamiel dien, Zuhair	11 Marlin-CP	1:30.08

Event 204 Boys 12 Year Olds 100 LC Meter Backstroke

Name	AgeTeam	Finals Time
1 Poultney, Matthew	12 Curro Aquatics-CP	1:08.83
2 Schabort, Lowen	12 Elite Swimming A-CE	1:15.78
3 Lee, Daniel	12 Tygers-CP	1:20.02
4 Spangenberg, Zach A	12 Xcel Swim Academ-CP	1:20.63
5 Sebastian, Alexander	12 Manta-CP	1:21.10
6 Harder, Callum R	12 Vineyard-CP	1:21.52
7 Kenmuir, Ethan	12 Vineyard-CP	1:26.47
--- Desai, Rohin T	12 Swimlab-CP	NS
--- Van Onselen, Pierre S	12 Tygers-CP	NS

Event 204 Boys 13 Year Olds 100 LC Meter Backstroke

Name	AgeTeam	Finals Time
1 Bright, Michael C	13 Curro Aquatics-CP	1:06.74
2 Vd Watt, Earle	13 Curro Aquatics-CP	1:13.94
3 Wagener, Tiaan H	13 Elite Swimming A-CE	1:14.43
4 Francis, Ethan	13 Marlin-CP	1:14.51
*5 Troskie, Roean	13 Quick Silver-CP	1:16.20
*5 Gallie, Abdul-Aziz	13 Manta-CP	1:16.20
7 February, Dillon S	13 Curro Aquatics-CP	1:16.48
8 Shipton, Christopher J	13 Quick Silver-CP	1:17.54
9 Joubert, Wian	13 Quick Silver-CP	1:19.92
10 King, Aidan J	13 Curro Aquatics-CP	1:20.41
11 Troskie, Jean	13 Quick Silver-CP	1:20.54
12 Fortune, Hakeem	13 Manta-CP	1:20.69
13 Jacobs, Seth G	13 Manta-CP	1:21.28
14 Kleinsmith, David	13 Curro Aquatics-CP	1:23.98
15 Laufs, Connor R	13 CTO-CP	1:25.43
--- Akinci, Can Batu	13 Vineyard-CP	NS

Event 204 Boys 14 Year Olds 100 LC Meter Backstroke

Name	AgeTeam	Finals Time
1 Benecke, Delmar	14 Vineyard-CP	1:07.01
2 Coetzee, Sion M	14 Quick Silver-CP	1:10.36
3 Lewis, Callum R	14 Curro Aquatics-CP	1:10.99
4 Wright, Jonah S	14 Tygers-CP	1:11.28
5 Van Vondel, Roland	14 Tygers-CP	1:12.98
6 Hodgskiss, Fin J	14 SSISA-CP	1:14.59
7 Douries, Ean	14 Curro Aquatics-CP	1:16.22
8 Huc ke, Tegan	14 CTO-CP	1:18.58
9 Gamiel dien, Idreess	14 Marlin-CP	1:21.04

Event 204 Men 15 Year Olds 100 LC Meter Backstroke

Name	AgeTeam	Finals Time
1 Williams, Evan B	15 SSISA-CP	1:10.93
2 Grobler, Chris I	15 Curro Aquatics-CP	1:10.97
3 Fortune, Yaseen	15 Manta-CP	1:13.44
4 McHarg, Alexander	15 Vineyard-CP	1:13.65
5 van Wyk, Tariq K	15 Curro Aquatics-CP	1:13.79
6 Theron, Oloff A	15 Vineyard-CP	1:18.87

Event 204 Men 16 Year Olds 100 LC Meter Backstroke

Name	AgeTeam	Finals Time
1 Njoroge, Alphonse	16 Curro Aquatics-CP	1:06.73
2 Basson, Lucca N	16 Aqua Athlete Cta-CP	1:07.82
3 Southey, Jamie	16 Aqua Dolphin-CP	1:09.83

Event 204 Men 17 & Over 100 LC Meter Backstroke

Name	AgeTeam	Finals Time
1 Smit, MJ M	17 Swimlab-CP	1:03.95
2 Southworth, Matthew W	17 Cybersmart-CP	1:07.27
3 Bowers, Joshua A	22 Manta-CP	1:09.72
4 Jani, Tawanda	18 Cybersmart-CP	1:11.06
5 Kinnear, Connor	17 Curro Aquatics-CP	1:11.64
6 Gilbert, Thomas O	17 Swimlab-CP	1:12.95
7 Wykeham, Josh W	17 Vineyard-CP	1:13.81
8 Martin, Alzhario	17 Uwc-CP	1:16.03

Event 205 Girls 11 Year Olds 200 LC Meter Butterfly

Name	AgeTeam	Finals Time
1 Scheffer, Shaylee C	11 Uwc-CP	3:08.85
--- Kimani, Katja	11 Cybersmart-CP	DQ
Alternating movement of legs or feet		

Event 205 Girls 12 Year Olds 200 LC Meter Butterfly

Name	AgeTeam	Finals Time
1 Kuhn, Alexa J	12 Curro Aquatics-CP	3:03.20
2 Hendricks, Jada	12 Curro Aquatics-CP	3:08.82
3 Cupido, Kirsten	12 Cybersmart-CP	3:12.26
--- Onkruid, Gianna R	12 Uwc-CP	DQ
Alternating movement of legs or feet		

Event 205 Girls 13 Year Olds 200 LC Meter Butterfly

Name	AgeTeam	Finals Time
1 Williams, Aqeelah	13 Uwc-CP	2:46.49
2 Chibharo, Lethabo L	13 Curro Aquatics-CP	3:02.05
--- Olivier, Julie M	13 Curro Aquatics-CP	DQ
Alternating movement of legs or feet		

Event 205 Girls 14 Year Olds 200 LC Meter Butterfly

Name	AgeTeam	Finals Time
1 Abrahams, Amaani	14 Marlin-CP	3:33.05

Event 205 Women 15 Year Olds 200 LC Meter Butterfly

Name	AgeTeam	Finals Time
1 Holman, Acaylia	15 Marlin-CP	2:56.33

Event 205 Women 17 & Over 200 LC Meter Butterfly

Name	AgeTeam	Finals Time
1 Vd Westhuizen, Joy	17 Alpha-CP	2:57.28

Event 206 Boys 13 Year Olds 200 LC Meter Butterfly

Name	AgeTeam	Finals Time
1 Francis, Ethan	13 Marlin-CP	2:34.30
2 Barnard, Daniël B	13 Xcel Swim Academ-CP	2:39.82

Event 206 Boys 14 Year Olds 200 LC Meter Butterfly

Name	AgeTeam	Finals Time
1 Roman, Noah P	14 Alpha-CP	2:24.80
2 Oaten, Rourke	14 Curro Aquatics-CP	2:36.85

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Event 206 Men 15 Year Olds 200 LC Meter Butterfly

Name	AgeTeam	Finals Time
1 van Wyk, Tariq K	15 Curro Aquatics-CP	2:33.12

Event 206 Men 16 Year Olds 200 LC Meter Butterfly

Name	AgeTeam	Finals Time
1 Viret, Seth R	16 Helderberg Titan-CP	3:08.13

Event 206 Men 17 & Over 200 LC Meter Butterfly

Name	AgeTeam	Finals Time
1 Beukes, Mateo A	20 Walmers-CP	2:32.11

Event 207 Girls 11 Year Olds 50 LC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Strydom, Marli	11 Quick Silver-CP	42.28
2 Benade, Aria	11 Swimlab-CP	43.02
3 Abrahamse, Lexi	11 Vineyard-CP	44.92
4 Kimani, Katja	11 Cybersmart-CP	45.51
5 Scheffer, Shaylee C	11 Uwc-CP	46.02
6 Van Onselen, Annabelle	11 Tygers-CP	48.17
7 Parfitt, Cayden C	11 Curro Aquatics-CP	49.01
8 Schenck, Maya K	11 Tygers-CP	50.29

Event 207 Girls 12 Year Olds 50 LC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Johnson, Ella J	12 CTO-CP	38.08
2 Voysey, Ella N	12 Aqua Sharks-CP	39.22
3 Newkirk, Gia	12 Tygers-CP	40.31
4 Onkruid, Gianna R	12 Uwc-CP	42.17
5 Normington, Olivia	12 Xcel Swim Academ-CP	42.33
6 Cupido, Kirsten	12 Cybersmart-CP	42.59
7 Ras, Annabelle	12 Quick Silver-CP	43.81
8 Kimani, Luisa	12 Cybersmart-CP	44.84
9 Emjedi, Saffiya	12 Swimlab-CP	45.19
10 Hendricks, Jada	12 Curro Aquatics-CP	45.58
11 Engelbrecht, Zia-Bella L	12 Helderberg Titan-CP	45.65
12 Odendaal, Sarah-Kate	12 Quick Silver-CP	45.74
13 Tranter, Alexia R	12 SSISA-CP	48.07
14 Barthus, Alessia	12 Manta-CP	48.68
15 Theron, Alex	12 Curro Aquatics-CP	49.85
16 Walker, Kayla-Anne	12 Cybersmart-CP	51.24
--- Horn, Anna	12 Xcel Swim Academ-CP	NS

Event 207 Girls 13 Year Olds 50 LC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Mare, Isabella	13 Curro Aquatics-CP	38.71
2 Pearson-Adams, Oshun O	13 Swimlab-CP	42.88
3 Sonnekus, Anya	13 Curro Aquatics-CP	44.09
4 Lloyd, Jemma A	13 Vineyard-CP	45.82
5 Lockitch, Zara	13 Cybersmart-CP	46.54
6 Lourens, Mia	13 Curro Aquatics-CP	46.67
--- Grebe, Ava	13 Curro Hermanus-OB	NS

Event 207 Girls 14 Year Olds 50 LC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Tsai-Rieb, Pei-Chi P	14 Cybersmart-CP	40.56
2 Schou, Lexi	14 Silver Fins-CP	41.31
3 Nixon, Sofia	14 Vineyard-CP	41.43

Event 207 Women 15 Year Olds 50 LC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Magotsi, Riziki A	15 Cybersmart-CP	38.32
2 De Oliveira, Aliyah	15 Tygers-CP	40.22
3 Otterbach, Lily	15 Tygers-CP	43.03
4 Robinson, Alana	15 Swimlab-CP	43.47
5 Burger, Juanè	15 Curro Aquatics-CP	44.29
6 Black, Lilli J	15 Helderberg Titan-CP	47.35

Event 207 Women 16 Year Olds 50 LC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Adams, Sydni M	16 Vineyard-CP	37.28
2 Velloo, Imaan	16 Manta-CP	41.05
3 Bosman, Jessica A	16 Quick Silver-CP	42.16

Event 207 Women 17 & Over 50 LC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Schreuder, Hannah G	17 Swimlab-CP	37.37
2 Witten, Hannah	17 Cybersmart-CP	39.79
3 Jephta, Ra-eesa	20 Manta-CP	43.93

Event 208 Boys 10 & Under 50 LC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Poultney, Daniel	10 Curro Aquatics-CP	45.05
2 Louw, Milan	10 Curro Aquatics-CP	45.91
3 Parfitt, Ethan L	9 Curro Aquatics-CP	47.49
4 Spangenberg, Luke A	10 Xcel Swim Academ-CP	48.67

Event 208 Boys 11 Year Olds 50 LC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Perez Castellano, Emilio	11 Curro Aquatics-CP	40.76
2 Janse van Rensburg, Wihan J	11 Curro Aquatics-CP	47.54
3 Skordis, Boyd A	11 Swimlab-CP	47.61
4 Gamielien, Zuhair	11 Marlin-CP	48.72

Event 208 Boys 12 Year Olds 50 LC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Poultney, Matthew	12 Curro Aquatics-CP	35.43
2 Daniels, Tylan H	12 Alpha-CP	38.19
3 Kenmuir, Ethan	12 Vineyard-CP	40.82
4 Sebastian, Alexander	12 Manta-CP	41.88
5 Schabort, Lowen	12 Elite Swimming A-CE	44.53
6 Spangenberg, Zach A	12 Xcel Swim Academ-CP	45.42
7 Lee, Daniel	12 Tygers-CP	46.69
--- Desai, Rohin T	12 Swimlab-CP	NS

Event 208 Boys 13 Year Olds 50 LC Meter Breaststroke

Name	AgeTeam	Finals Time
1 van Rensburg, Tristan	13 Curro Aquatics-CP	35.17
2 van Aarde, Matthew D	13 Curro Aquatics-CP	36.29
3 Bright, Michael C	13 Curro Aquatics-CP	37.21
4 Laufs, Connor R	13 CTO-CP	39.23
5 Barnard, Daniël B	13 Xcel Swim Academ-CP	39.41
6 Troskie, Jean	13 Quick Silver-CP	39.82
7 Fortune, Hakeem	13 Manta-CP	40.57
8 Jacobs, Seth G	13 Manta-CP	42.77
9 Troskie, Roan	13 Quick Silver-CP	43.04
10 Joubert, Wian	13 Quick Silver-CP	43.98

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Event 208 Boys 14 Year Olds 50 LC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Douries, Ean	14 Curro Aquatics-CP	34.04
2 Wagner, Noah J	14 Swimlab-CP	35.28
3 Spencer, Marcus W	14 Cybersmart-CP	36.49
4 Van Heerden, Christian	14 Aqua Athlete Cta-CP	36.54
5 Coetzee, Sion M	14 Quick Silver-CP	36.71
6 Gomez, Alex W	14 Marlin-CP	39.11

Event 208 Men 15 Year Olds 50 LC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Spencer, Charles A	15 Cybersmart-CP	34.77
2 Samsodien, Saaligh S	15 Marlin-CP	35.67
3 Theron, Oloff A	15 Vineyard-CP	36.29
4 Williams, Evan B	15 SSISA-CP	37.56
5 Pieterse, Marcelle J	15 Xcel Swim Academ-CP	38.58

Event 208 Men 16 Year Olds 50 LC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Gilbert, Andrew A	16 Swimlab-CP	30.39
2 Smith, Tristan A	16 Curro Aquatics-CP	34.21
3 Basson, Lucca N	16 Aqua Athlete Cta-CP	36.65
4 Beukes, Jaden L	16 Walmers-CP	36.67

Event 208 Men 17 & Over 50 LC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Sack, Benji	29 SSISA-CP	29.93
2 Southworth, Matthew W	17 Cybersmart-CP	33.11
3 Zellie, Thomas J	18 Swimlab-CP	33.52
4 Smit, MJ M	17 Swimlab-CP	35.29
5 Kinneer, Connor	17 Curro Aquatics-CP	35.32
6 Pedro, Tamkeen	17 Walmers-CP	36.36
7 Wykeham, Josh W	17 Vineyard-CP	41.77

Event 209 Girls 11 Year Olds 200 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Perrins, Hayden	11 Curro Aquatics-CP	2:31.62
2 Daniels, Emily G	11 Xcel Swim Academ-CP	2:37.26
3 Scheffer, Shaylee C	11 Uwc-CP	2:37.91
4 Parfitt, Cayden C	11 Curro Aquatics-CP	2:43.45
5 Van Onselen, Annabelle	11 Tygers-CP	2:48.24
6 Schenck, Maya K	11 Tygers-CP	2:55.59
7 Benade, Aria	11 Swimlab-CP	3:06.59
8 Abrahamse, Lexi	11 Vineyard-CP	3:07.19

Event 209 Girls 12 Year Olds 200 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Johnson, Ella J	12 CTO-CP	2:23.43
2 Hofinger, Charlotte M	12 Aqua Sharks-CP	2:28.06
3 Koegelenberg, Emily	12 Xcel Swim Academ-CP	2:29.85
4 Gullan, Sophia	12 Vineyard-CP	2:31.03
5 Wilensky, Mikayla	12 Aqua Sharks-CP	2:32.53
6 Voysey, Ella N	12 Aqua Sharks-CP	2:39.12
7 Hendricks, Jada	12 Curro Aquatics-CP	2:40.37
8 Emjedi, Saffiya	12 Swimlab-CP	2:40.61
9 Odendaal, Sarah-Kate	12 Quick Silver-CP	2:40.86
10 Barthus, Alessia	12 Manta-CP	2:42.57
11 Normington, Olivia	12 Xcel Swim Academ-CP	2:43.34
12 Tranter, Alexia R	12 SSISA-CP	2:47.51

13 Adams, Ella	12 Curro Aquatics-CP	2:47.68
14 Kuhn, Alexa J	12 Curro Aquatics-CP	2:49.30
15 Wentzel, Leah A	12 Marlin-CP	2:52.12
16 Walker, Kayla-Anne	12 Cybersmart-CP	2:55.38
17 Engelbrecht, Zia-Bella L	12 Helderberg Titan-CP	2:55.54
18 Onkruid, Gianna R	12 Uwc-CP	2:59.57

Event 209 Girls 13 Year Olds 200 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Jansen van Rensburg, Mia	13 Xcel Swim Academ-CP	2:21.91
2 Williams, Aqeelah	13 Uwc-CP	2:23.55
3 Sonnekus, Anya	13 Curro Aquatics-CP	2:30.33
4 Coetzee, Marli	13 Curro Aquatics-CP	2:35.78
5 Mare, Isabella	13 Curro Aquatics-CP	2:36.17
6 Pearson-Adams, Oshun O	13 Swimlab-CP	2:36.63
7 Els, Jamie	13 Aqua Dolphin-CP	2:37.07
8 Thirsk, Savannah	13 Curro Aquatics-CP	2:38.11
9 Lourens, Mia	13 Curro Aquatics-CP	2:39.57
10 Lloyd, Jemma A	13 Vineyard-CP	2:40.50

Event 209 Girls 14 Year Olds 200 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Brooker, Isabella J	14 Aqua Athlete Cta-CP	2:28.46
2 Nixon, Sofia	14 Vineyard-CP	2:37.10
3 Wallis, Juliette	14 Curro Aquatics-CP	2:37.41
4 Abrahams, Amaani	14 Marlin-CP	2:41.27

Event 209 Women 15 Year Olds 200 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Magotsi, Riziki A	15 Cybersmart-CP	2:26.17
2 Holman, Acaylia	15 Marlin-CP	2:28.37
3 Senekal, Margo	15 Tygers-CP	2:28.68
4 Thirsk, Madison	15 Curro Aquatics-CP	2:30.51
5 Burger, Juanè	15 Curro Aquatics-CP	2:32.07
6 Robinson, Alana	15 Swimlab-CP	2:34.85
7 De Oliveira, Aliyah	15 Tygers-CP	2:40.27
8 Engelbrecht, Giselle K	15 Helderberg Titan-CP	2:42.55
9 Myers, Kirsten E	15 SSISA-CP	2:45.29
10 Black, Lilli J	15 Helderberg Titan-CP	3:02.20
--- Bruwer, Casey	15 Aqua Athlete Cta-CP	NS

Event 209 Women 16 Year Olds 200 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Adams, Sydni M	16 Vineyard-CP	2:34.93
2 Bosman, Jessica A	16 Quick Silver-CP	2:39.79

Event 209 Women 17 & Over 200 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Schreuder, Hannah G	17 Swimlab-CP	2:28.48
2 Vd Westhuizen, Joy	17 Alpha-CP	2:29.28
3 Witten, Hannah	17 Cybersmart-CP	2:43.91

Event 210 Boys 10 & Under 200 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Breebaart, Matthew	10 Curro Aquatics-CP	2:34.32
2 Parfitt, Ethan L	9 Curro Aquatics-CP	2:39.93
3 Spangenberg, Luke A	10 Xcel Swim Academ-CP	3:03.76

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Event 210 Boys 11 Year Olds 200 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Skordis, Boyd A	11 Swimlab-CP	2:29.27
2 Perez Castellano, Emilio	11 Curro Aquatics-CP	2:38.21
3 Janse van Rensburg, Wihan J	11 Curro Aquatics-CP	2:58.56
4 Gamieldien, Zuhair	11 Marlin-CP	2:59.41

Event 210 Boys 12 Year Olds 200 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Daniels, Tylan H	12 Alpha-CP	2:18.98
2 Spangenberg, Zach A	12 Xcel Swim Academ-CP	2:34.96
3 Schabort, Lowen	12 Elite Swimming A-CE	2:35.05
4 Bendixen, Vidar R	12 Swimlab-CP	2:37.86
5 Sebastian, Alexander	12 Manta-CP	2:43.55
6 Harder, Callum R	12 Vineyard-CP	2:56.34
--- Desai, Rohin T	12 Swimlab-CP	NS

Event 210 Boys 13 Year Olds 200 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Breebaart, Joshua	13 Curro Aquatics-CP	2:12.86
2 Allott, Jaydon K	13 Aqua Athlete Cta-CP	2:14.68
3 van Rensburg, Tristan	13 Curro Aquatics-CP	2:16.56
4 Bright, Michael C	13 Curro Aquatics-CP	2:17.76
5 Wagener, Tiaan H	13 Elite Swimming A-CE	2:17.92
6 Francis, Ethan	13 Marlin-CP	2:21.97
7 Vd Watt, Earle	13 Curro Aquatics-CP	2:24.66
8 Troskie, Jean	13 Quick Silver-CP	2:29.71
9 van Aarde, Matthew D	13 Curro Aquatics-CP	2:30.38
10 Laufs, Connor R	13 CTO-CP	2:33.10
11 February, Dillon S	13 Curro Aquatics-CP	2:33.87
12 Troskie, Roean	13 Quick Silver-CP	2:33.90
13 Joubert, Wian	13 Quick Silver-CP	2:33.99
14 Shipton, Christopher J	13 Quick Silver-CP	2:34.37
15 Gallie, Abdul-Aziz	13 Manta-CP	2:35.82
16 King, Aidan J	13 Curro Aquatics-CP	2:47.19
--- Akinci, Can Batu	13 Vineyard-CP	NS

Event 210 Boys 14 Year Olds 200 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Roman, Noah P	14 Alpha-CP	2:08.77
2 Wright, Jonah S	14 Tygers-CP	2:14.00
3 Wagner, Noah J	14 Swimlab-CP	2:18.19
4 Faulkner, Callum E	14 SSISA-CP	2:18.60
5 Lichthart, Nicus	14 Quick Silver-CP	2:19.20
6 Lewis, Callum R	14 Curro Aquatics-CP	2:19.58
7 Van Heerden, Christian	14 Aqua Athlete Cta-CP	2:23.76
8 Hodgskiss, Fin J	14 SSISA-CP	2:24.79
9 Douries, Ean	14 Curro Aquatics-CP	2:25.90
10 Gomez, Alex W	14 Marlin-CP	2:26.15
11 Van Vondel, Roland	14 Tygers-CP	2:29.54
12 Hucke, Tegan	14 CTO-CP	2:31.79
13 Gamieldien, Idreess	14 Marlin-CP	2:33.50

Event 210 Men 15 Year Olds 200 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Afonso, Aragon G	15 Quick Silver-CP	2:12.37
2 Pieterse, Marcelle J	15 Xcel Swim Academ-CP	2:16.33
3 van Wyk, Tariq K	15 Curro Aquatics-CP	2:17.56
4 Grobler, Chris I	15 Curro Aquatics-CP	2:22.85

5 Samsodien, Saaligh S	15 Marlin-CP	2:30.45
6 Fortune, Yaseen	15 Manta-CP	2:33.58

Event 210 Men 16 Year Olds 200 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Allott, Jack R	16 Aqua Athlete Cta-CP	2:02.70
2 Basson, Lucca N	16 Aqua Athlete Cta-CP	2:13.31
3 Southey, Jamie	16 Aqua Dolphin-CP	2:13.32
4 Njoroge, Alphonse	16 Curro Aquatics-CP	2:19.21
5 Smith, Tristan A	16 Curro Aquatics-CP	2:19.25
--- Gilbert, Andrew A	16 Swimlab-CP	NS

Event 210 Men 17 & Over 200 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Solomon, Ethan	17 Alpha-CP	2:08.72
2 Brooker, Matthew W	18 Aqua Athlete Cta-CP	2:09.67
3 Zellie, Thomas J	18 Swimlab-CP	2:12.58
4 Jani, Tawanda	18 Cybersmart-CP	2:14.61
5 Kinnear, Connor	17 Curro Aquatics-CP	2:14.69
6 Beukes, Mateo A	20 Walmers-CP	2:16.83
7 Gilbert, Thomas O	17 Swimlab-CP	2:19.69
8 Martin, Alzhario	17 Uwc-CP	2:20.52
9 Wykeham, Josh W	17 Vineyard-CP	2:23.77
10 Smit, MJ M	17 Swimlab-CP	2:24.13
11 Pedro, Tamkeen	17 Walmers-CP	2:30.64

Event 211 Girls 11 Year Olds 100 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Perrins, Hayden	11 Curro Aquatics-CP	1:08.29
2 Daniels, Emily G	11 Xcel Swim Academ-CP	1:11.62
3 Parfitt, Cayden C	11 Curro Aquatics-CP	1:14.19
4 Scheffer, Shaylee C	11 Uwc-CP	1:14.21
5 Van Onselen, Annabelle	11 Tygers-CP	1:14.37
6 Strydom, Marli	11 Quick Silver-CP	1:16.60
7 Schenck, Maya K	11 Tygers-CP	1:18.69
8 Singh, Pradhia	11 Curro Aquatics-CP	1:24.90

Event 211 Girls 12 Year Olds 100 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Gullan, Sophia	12 Vineyard-CP	1:07.04
2 Koegelenberg, Emily	12 Xcel Swim Academ-CP	1:09.93
3 Odendaal, Sarah-Kate	12 Quick Silver-CP	1:10.68
4 Horn, Anna	12 Xcel Swim Academ-CP	1:11.15
5 Wilensky, Mikayla	12 Aqua Sharks-CP	1:11.23
6 Theron, Alex	12 Curro Aquatics-CP	1:11.76
7 Voysey, Ella N	12 Aqua Sharks-CP	1:11.79
8 Hendricks, Jada	12 Curro Aquatics-CP	1:12.26
9 Parker, Leila E	12 SSISA-CP	1:12.87
10 Adams, Ella	12 Curro Aquatics-CP	1:15.13
11 Smit, Dione	12 Curro Aquatics-CP	1:16.80
12 Tranter, Alexia R	12 SSISA-CP	1:17.14
13 Kuhn, Alexa J	12 Curro Aquatics-CP	1:18.99

Event 211 Girls 13 Year Olds 100 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Latimer, Olivia H	13 Swimlab-CP	1:05.52
2 Jansen van Rensburg, Mia	13 Xcel Swim Academ-CP	1:06.05
3 Mocke, Sarah	13 Swimlab-CP	1:06.22
4 Olivier, Julie M	13 Curro Aquatics-CP	1:08.18
5 Chibharo, Lethabo L	13 Curro Aquatics-CP	1:09.71

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(Event 211 Girls 13 Year Olds 100 LC Meter Freestyle)

Name	AgeTeam	Finals Time
6 Coetzee, Marli	13 Curro Aquatics-CP	1:10.02
7 Lourens, Mia	13 Curro Aquatics-CP	1:11.85
8 Mare, Isabella	13 Curro Aquatics-CP	1:12.49
*9 McGluwa, Jovanah N	13 Curro Aquatics-CP	1:12.69
*9 Charles, Tyla	13 Vineyard-CP	1:12.69
11 Jordaan, Mikayla E	13 Curro Aquatics-CP	1:13.01

Event 211 Girls 14 Year Olds 100 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Nixon, Sofia	14 Vineyard-CP	1:07.35
2 Schou, Lexi	14 Silver Fins-CP	1:09.83
3 Nienaber, Mila J	14 Elite Swimming A-CE	1:10.71
4 Wallis, Juliette	14 Curro Aquatics-CP	1:11.65
5 Nilsson, Rebecca B	14 Curro Aquatics-CP	1:14.82

Event 211 Women 15 Year Olds 100 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Burger, Juanè	15 Curro Aquatics-CP	1:07.54
2 Myers, Kirsten E	15 SSISA-CP	1:11.18
3 De Oliveira, Aliyah	15 Tygers-CP	1:11.44
4 Otterbach, Lily	15 Tygers-CP	1:11.46
--- Bruwer, Casey	15 Aqua Athlete Cta-CP	NS

Event 211 Women 16 Year Olds 100 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Rossouw, Emma M	16 Tygers-CP	1:07.90

Event 211 Women 17 & Over 100 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Vd Westhuizen, Joy	17 Alpha-CP	1:08.89
2 Serfontein, Christi	17 Quick Silver-CP	1:11.36

Event 212 Boys 10 & Under 100 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Breebaart, Matthew	10 Curro Aquatics-CP	1:08.67
2 Poultney, Daniel	10 Curro Aquatics-CP	1:14.35
3 Parfitt, Ethan L	9 Curro Aquatics-CP	1:15.05
4 Louw, Milan	10 Curro Aquatics-CP	1:22.99

Event 212 Boys 11 Year Olds 100 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Cloete, Albert	11 Tygers-CP	1:20.95
--- Swartz, Seth J	11 Curro Aquatics-CP	NS

Event 212 Boys 12 Year Olds 100 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Poultney, Matthew	12 Curro Aquatics-CP	1:01.32
2 Van der Merwe, Luan J	12 Uwc-CP	1:05.70
3 Daniels, Tylan H	12 Alpha-CP	1:06.00
4 Van Onselen, Pierre S	12 Tygers-CP	1:06.13
5 Louw, James	12 Vineyard-CP	1:09.13
6 Schabort, Lowen	12 Elite Swimming A-CE	1:11.90
7 Lee, Daniel	12 Tygers-CP	1:13.07
8 Kenmuir, Ethan	12 Vineyard-CP	1:13.39
9 Harder, Callum R	12 Vineyard-CP	1:17.80

Event 212 Boys 13 Year Olds 100 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Allott, Jaydon K	13 Aqua Athlete Cta-CP	1:01.69

2 van Rensburg, Tristan	13 Curro Aquatics-CP	1:01.88
3 Bright, Michael C	13 Curro Aquatics-CP	1:02.40
4 van Aarde, Matthew D	13 Curro Aquatics-CP	1:05.95
5 Vd Watt, Earle	13 Curro Aquatics-CP	1:06.25
6 Kleinsmith, David	13 Curro Aquatics-CP	1:07.52
7 Troskie, Jean	13 Quick Silver-CP	1:07.77
8 February, Dillon S	13 Curro Aquatics-CP	1:08.12
9 Troskie, Roean	13 Quick Silver-CP	1:09.28
10 Shipton, Christopher J	13 Quick Silver-CP	1:09.79
11 King, Aidan J	13 Curro Aquatics-CP	1:12.83

Event 212 Boys 14 Year Olds 100 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Goussard, Henry	14 Curro Aquatics-CP	57.34
2 Wright, Jonah S	14 Tygers-CP	59.24
3 Lichthart, Nicus	14 Quick Silver-CP	1:02.14
4 Roman, Noah P	14 Alpha-CP	1:02.76
5 Douries, Ean	14 Curro Aquatics-CP	1:04.66
6 Van Rensburg, Janco	14 Tygers-CP	1:07.89

Event 212 Men 15 Year Olds 100 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Afonso, Aragon G	15 Quick Silver-CP	59.18
2 Coolen, Jonathan T	15 Stellenbosch Aqu-CE	59.29
3 van Wyk, Tariq K	15 Curro Aquatics-CP	1:00.45
4 Pieterse, Marcelle J	15 Xcel Swim Academ-CP	1:02.07
5 Poggenpoel, Troy J	15 SSISA-CP	1:02.32
6 Krause, Luke	15 Curro Aquatics-CP	1:02.70
7 Grobler, Chris I	15 Curro Aquatics-CP	1:02.74
8 McHarg, Alexander	15 Vineyard-CP	1:04.94
9 Theron, Oloff A	15 Vineyard-CP	1:05.88
--- Kotzè, Arden C	15 Swartland Aquati-WC	NS

Event 212 Men 16 Year Olds 100 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Nolan, Nathan J	16 Swimlab-CP	55.45
2 Landi, Tristan	16 SSISA-CP	56.37
3 Basson, Lucca N	16 Aqua Athlete Cta-CP	58.52
4 Allott, Jack R	16 Aqua Athlete Cta-CP	59.24
5 Njoroge, Alphonse	16 Curro Aquatics-CP	1:00.91
6 Beukes, Jaden L	16 Walmers-CP	1:02.90
7 Smith, Tristan A	16 Curro Aquatics-CP	1:04.57

Event 212 Men 17 & Over 100 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Beukes, Mateo A	20 Walmers-CP	58.84
2 Solomon, Ethan	17 Alpha-CP	1:00.43
3 Wykeham, Josh W	17 Vineyard-CP	1:05.41

Event 213 Girls 12 Year Olds 800 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Johnson, Ella J	12 CTO-CP	10:18.41
2 Koegelenberg, Emily	12 Xcel Swim Academ-CP	10:47.15
3 Normington, Olivia	12 Xcel Swim Academ-CP	11:02.51
4 Horn, Anna	12 Xcel Swim Academ-CP	11:12.21
5 Cupido, Kirsten	12 Cybersmart-CP	11:39.09
6 Walker, Kayla-Anne	12 Cybersmart-CP	11:54.11
7 Kimani, Luisa	12 Cybersmart-CP	11:58.39
8 Adams, Ella	12 Curro Aquatics-CP	11:59.83
9 Engelbrecht, Zia-Bella L	12 Helderberg Titan-CP	12:18.48

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Event 213 Girls 13-14 800 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Tsai-Rieb, Pei-Chi P	14 Cybersmart-CP	9:48.56
2 Jansen van Rensburg, Mia	13 Xcel Swim Academ-CP	10:38.76
3 Lockitch, Zara	13 Cybersmart-CP	10:42.27
4 Jordaan, Mikayla E	13 Curro Aquatics-CP	11:08.72
5 Els, Jamie	13 Aqua Dolphin-CP	11:12.39
6 McGluwa, Jovanah N	13 Curro Aquatics-CP	11:12.42

Event 213 Women 15-16 800 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Rossouw, Emma M	16 Tygers-CP	10:44.92
2 Magotsi, Riziki A	15 Cybersmart-CP	10:50.14
3 Robinson, Alana	15 Swimlab-CP	11:18.98
4 Otterbach, Lily	15 Tygers-CP	11:44.10
5 Velloo, Imaan	16 Manta-CP	11:46.80
6 Black, Lilli J	15 Helderberg Titan-CP	13:00.70

Event 213 Women 17 & Over 800 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Jephtha, Ra-eesa	20 Manta-CP	11:42.78

Event 213 Boys 12 Year Olds 800 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Daniels, Tylan H	12 Alpha-CP	10:05.27
2 Van Onselen, Pierre S	12 Tygers-CP	11:01.47
3 Bendixen, Vidar R	12 Swimlab-CP	11:24.79
4 Spangenberg, Zach A	12 Xcel Swim Academ-CP	11:39.18
5 Heunis, Johan C	12 Barracudas-CP	12:01.11
--- Desai, Rohin T	12 Swimlab-CP	NS

Event 213 Boys 13-14 800 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Allott, Jaydon K	13 Aqua Athlete Cta-CP	9:20.43
2 Roman, Noah P	14 Alpha-CP	9:26.15
3 Wagener, Tiaan H	13 Elite Swimming A-CE	9:54.15
4 Spencer, Marcus W	14 Cybersmart-CP	10:07.71
5 Wright, Jonah S	14 Tygers-CP	10:11.66
6 Coetzee, Sion M	14 Quick Silver-CP	10:13.87
7 Mccollum, Aiden I	13 Alpha-CP	10:23.64
8 Visser, Wessel M	14 Uwc-CP	10:30.95
9 Laufs, Connor R	13 CTO-CP	10:46.57
10 Gamieldien, Idreess	14 Marlin-CP	10:58.54
11 Hucke, Tegan	14 CTO-CP	11:04.65
12 Van Vondel, Roland	14 Tygers-CP	11:15.94
13 Chippendale, Xavier L	13 Vineyard-CP	12:06.18

Event 213 Men 15-16 800 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Southey, Jamie	16 Aqua Dolphin-CP	9:38.22
2 Coolen, Jonathan T	15 Stellenbosch Aqu-CE	9:42.87
3 Pieterse, Marcelle J	15 Xcel Swim Academ-CP	9:43.01
4 Afonso, Aragon G	15 Quick Silver-CP	9:48.08
5 Spencer, Charles A	15 Cybersmart-CP	9:54.96
6 Snyders, Reece	15 Uwc-CP	10:51.04

Event 213 Men 17 & Over 800 LC Meter Freestyle

Name	AgeTeam	Finals Time
1 Solomon, Ethan	17 Alpha-CP	9:49.18

2 Jani, Tawanda	18 Cybersmart-CP	9:59.49
3 Bowers, Joshua A	22 Manta-CP	10:19.80
4 Martin, Alzhario	17 Uwc-CP	10:28.28

Event 214 Girls 11 Year Olds 50 LC Meter Butterfly

Name	AgeTeam	Finals Time
1 Perrins, Hayden	11 Curro Aquatics-CP	35.80
*2 Parfitt, Cayden C	11 Curro Aquatics-CP	35.84
*2 Daniels, Emily G	11 Xcel Swim Academ-CP	35.84
4 Schenck, Maya K	11 Tygers-CP	39.63
5 Van Onselen, Annabelle	11 Tygers-CP	41.11
6 Strydom, Marli	11 Quick Silver-CP	41.97
7 Singh, Pradhia	11 Curro Aquatics-CP	43.08

Event 214 Girls 12 Year Olds 50 LC Meter Butterfly

Name	AgeTeam	Finals Time
1 Horn, Anna	12 Xcel Swim Academ-CP	33.01
2 Odendaal, Sarah-Kate	12 Quick Silver-CP	35.09
3 Wilensky, Mikayla	12 Aqua Sharks-CP	35.89
4 Koegelenberg, Emily	12 Xcel Swim Academ-CP	36.16
5 Hendricks, Jada	12 Curro Aquatics-CP	36.33
6 Onkruid, Gianna R	12 Uwc-CP	36.56
7 Parker, Leila E	12 SSISA-CP	37.17
8 Smit, Dione	12 Curro Aquatics-CP	38.41
9 Voysey, Ella N	12 Aqua Sharks-CP	39.31
10 Kuhn, Alexa J	12 Curro Aquatics-CP	39.81
11 Theron, Alex	12 Curro Aquatics-CP	40.20
12 Tranter, Alexia R	12 SSISA-CP	41.70
13 Adams, Ella	12 Curro Aquatics-CP	41.80

Event 214 Girls 13 Year Olds 50 LC Meter Butterfly

Name	AgeTeam	Finals Time
1 Jansen van Rensburg, Mia	13 Xcel Swim Academ-CP	32.23
2 Olivier, Julie M	13 Curro Aquatics-CP	34.98
3 Charles, Tyla	13 Vineyard-CP	35.32
4 Coetzee, Marli	13 Curro Aquatics-CP	35.60
5 Latimer, Olivia H	13 Swimlab-CP	35.95
6 Lourens, Mia	13 Curro Aquatics-CP	36.00
7 Chibharo, Lethabo L	13 Curro Aquatics-CP	36.38
8 Jordaan, Mikayla E	13 Curro Aquatics-CP	36.51
9 McGluwa, Jovanah N	13 Curro Aquatics-CP	36.53
10 Barnes, Caitlin M	13 Swimlab-CP	36.67
11 Mare, Isabella	13 Curro Aquatics-CP	40.12

Event 214 Girls 14 Year Olds 50 LC Meter Butterfly

Name	AgeTeam	Finals Time
1 Nienaber, Mila J	14 Elite Swimming A-CE	34.99
2 Nixon, Sofia	14 Vineyard-CP	35.30
3 Wallis, Juliette	14 Curro Aquatics-CP	35.82
4 Nilsson, Rebecca B	14 Curro Aquatics-CP	36.06
5 Schou, Lexi	14 Silver Fins-CP	36.15

Event 214 Women 15 Year Olds 50 LC Meter Butterfly

Name	AgeTeam	Finals Time
1 Burger, Juanè	15 Curro Aquatics-CP	33.88
2 De Oliveira, Aliyah	15 Tygers-CP	34.59
3 Otterbach, Lily	15 Tygers-CP	35.83
--- Bruwer, Casey	15 Aqua Athlete Cta-CP	NS

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Event 214 Women 16 Year Olds 50 LC Meter Butterfly			
	Name	AgeTeam	Finals Time
1	Rossouw, Emma M	16 Tygers-CP	33.09
Event 214 Women 17 & Over 50 LC Meter Butterfly			
	Name	AgeTeam	Finals Time
1	Vd Westhuizen, Joy	17 Alpha-CP	33.83
2	Serfontein, Christi	17 Quick Silver-CP	36.20
Event 215 Boys 10 & Under 50 LC Meter Butterfly			
	Name	AgeTeam	Finals Time
1	Parfitt, Ethan L	9 Curro Aquatics-CP	38.09
2	Louw, Milan	10 Curro Aquatics-CP	47.06
---	Poultney, Daniel	10 Curro Aquatics-CP	NS
Event 215 Boys 11 Year Olds 50 LC Meter Butterfly			
	Name	AgeTeam	Finals Time
1	Cloete, Albert	11 Tygers-CP	38.85
---	Swartz, Seth J	11 Curro Aquatics-CP	NS
Event 215 Boys 12 Year Olds 50 LC Meter Butterfly			
	Name	AgeTeam	Finals Time
1	Poultney, Matthew	12 Curro Aquatics-CP	31.74
2	Van Onselen, Pierre S	12 Tygers-CP	33.88
3	Louw, James	12 Vineyard-CP	34.38
4	Schabort, Lowen	12 Elite Swimming A-CE	34.73
5	Van der Merwe, Luan J	12 Uwc-CP	36.34
6	Kenmuir, Ethan	12 Vineyard-CP	37.56
7	Lee, Daniel	12 Tygers-CP	38.20
8	Harder, Callum R	12 Vineyard-CP	41.86
Event 215 Boys 13 Year Olds 50 LC Meter Butterfly			
	Name	AgeTeam	Finals Time
1	Bright, Michael C	13 Curro Aquatics-CP	31.14
2	van Rensburg, Tristan	13 Curro Aquatics-CP	31.63
3	Kleinsmith, David	13 Curro Aquatics-CP	31.99
4	van Aarde, Matthew D	13 Curro Aquatics-CP	32.25
5	Vd Watt, Earle	13 Curro Aquatics-CP	32.77
6	Barnard, Daniël B	13 Xcel Swim Academ-CP	32.92
7	Shipton, Christopher J	13 Quick Silver-CP	35.16
8	February, Dillon S	13 Curro Aquatics-CP	35.27
9	Troskie, Roean	13 Quick Silver-CP	35.54
10	King, Aidan J	13 Curro Aquatics-CP	35.88
Event 215 Boys 14 Year Olds 50 LC Meter Butterfly			
	Name	AgeTeam	Finals Time
1	Goussard, Henry	14 Curro Aquatics-CP	28.69
2	Lichthart, Nicus	14 Quick Silver-CP	29.40
3	Oaten, Rourke	14 Curro Aquatics-CP	31.58
4	Van Rensburg, Janco	14 Tygers-CP	32.57
5	Douries, Ean	14 Curro Aquatics-CP	33.22
Event 215 Men 15 Year Olds 50 LC Meter Butterfly			
	Name	AgeTeam	Finals Time
1	Afonso, Aragon G	15 Quick Silver-CP	28.87
2	van Wyk, Tariq K	15 Curro Aquatics-CP	30.21
3	Pieterse, Marcelle J	15 Xcel Swim Academ-CP	30.64
4	Poggenpoel, Troy J	15 SSISA-CP	31.67
5	Theron, Oloff A	15 Vineyard-CP	32.10
6	McHarg, Alexander	15 Vineyard-CP	32.11

7	Krause, Luke	15	Curro Aquatics-CP	32.36
8	Grobler, Chris I	15	Curro Aquatics-CP	33.38
Event 215 Men 16 Year Olds 50 LC Meter Butterfly				
	Name	Age	Team	Finals Time
1	Basson, Lucca N	16	Aqua Athlete Cta-CP	28.39
2	Njoroge, Alphonse	16	Curro Aquatics-CP	29.97
3	Allott, Jack R	16	Aqua Athlete Cta-CP	30.13
4	Beukes, Jaden L	16	Walmers-CP	30.18
5	Smith, Tristan A	16	Curro Aquatics-CP	31.66
Event 215 Men 17 & Over 50 LC Meter Butterfly				
	Name	Age	Team	Finals Time
1	Beukes, Mateo A	20	Walmers-CP	28.40
2	Wykeham, Josh W	17	Vineyard-CP	31.44
Event 216 Girls 12 Year Olds 1500 LC Meter Freestyle				
	Name	Age	Team	Finals Time
1	Johnson, Ella J	12	CTO-CP	19:32.26
2	Hofinger, Charlotte M	12	Aqua Sharks-CP	20:32.54
Event 216 Girls 13-14 1500 LC Meter Freestyle				
	Name	Age	Team	Finals Time
1	Laubscher, Mikalla I	14	Curro Aquatics-CP	18:42.28
2	Mocke, Sarah	13	Swimlab-CP	19:39.44
3	Olivier, Julie M	13	Curro Aquatics-CP	19:44.60
4	De Villiers, Anja	14	Tygers-CP	19:54.43
5	Williams, Aqeelah	13	Uwc-CP	20:08.62
6	Jansen van Rensburg, Mia	13	Xcel Swim Academ-CP	21:40.03
7	Barnes, Caitlin M	13	Swimlab-CP	22:09.56
Event 216 Women 17 & Over 1500 LC Meter Freestyle				
	Name	Age	Team	Finals Time
1	Kotzè, Tamsyn G	18	Streamline-CP	20:03.09
Event 216 Boys 12 Year Olds 1500 LC Meter Freestyle				
	Name	Age	Team	Finals Time
1	Daniels, Tylan H	12	Alpha-CP	19:37.62
Event 216 Boys 13-14 1500 LC Meter Freestyle				
	Name	Age	Team	Finals Time
1	Breebaart, Joshua	13	Curro Aquatics-CP	17:32.01
2	Roman, Noah P	14	Alpha-CP	18:18.48
3	Oaten, Rourke	14	Curro Aquatics-CP	18:53.95
4	Lewis, Callum R	14	Curro Aquatics-CP	18:56.19
5	Barnard, Daniël B	13	Xcel Swim Academ-CP	19:37.92
6	Faulkner, Callum E	14	SSISA-CP	19:53.84
7	Laufs, Connor R	13	CTO-CP	21:08.85
8	Hucke, Tegan	14	CTO-CP	21:32.06
Event 216 Men 15-16 1500 LC Meter Freestyle				
	Name	Age	Team	Finals Time
1	Yeowart, Seth W	15	Curro Aquatics-CP	18:05.50
2	Southey, Jamie	16	Aqua Dolphin-CP	18:07.43
3	Kotzè, Arden C	15	Swartland Aquati-WC	18:34.72
4	Pieterse, Marcelle J	15	Xcel Swim Academ-CP	19:05.49
Event 216 Men 17 & Over 1500 LC Meter Freestyle				
	Name	Age	Team	Finals Time
1	Solomon, Ethan	17	Alpha-CP	18:28.05
2	Martin, Alzhario	17	Uwc-CP	20:02.06

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(Event 216 Men 17 & Over 1500 LC Meter Freestyle)

Name		Age Team	Finals Time
3	Mallin, Lukas	11 Swimlab-CP	20:07.90

Event 216 Men 1500 LC Meter Freestyle Multi-Class

Name		Age Team	Finals Time
---	Pardoe, James N S15	14 SSISA-CP	DQ
False start			